ISSUE 07 WINTER 2023





(Noun: To blossom or come to fruition) "Poipoia te kakano, kia puawai - Nurture the seed and it will blossom"

Your Local Horowhenua Community Guide

Shout out to the shuttle How the Foxton Beach

Health Shuttle is making waves Page 4

Fun is in the stars Celebrate Matariki in Horowhenua Page 6

Right Royal Celebrations Levin celebrated Coronation

Day in a paw-some way Page 10

Tuck into the winter edition of Puāwai and read about the wonderful mahi the team at the Foxton Beach Community Centre and Health Shuttle are doing to support their community.

Learn how Coronation Day was celebrated in Horowhenua and get excited about the future by learning about the progress on some key facilities and infrastructure projects in the district.

Winter can feel like a time to hunker down, but we have some great ideas on what to do on rainy days outside of the house.

Make the most of your time outside in the garden with winter garden tips from Gardening with Simon.

Tempt your taste buds with a gingernut recipe from Levin's hottest new coffee shop to share with your friends and learn how you can celebrate Matariki in Horowhenua.

We wish you all a safe and wonderful winter, but if you do need support from Police at any time, Bernie on the Beat reminds you about the best ways to contact Police. Remember: call 111 in an emergency.

We love hearing and telling stories about our local community. Send in your ideas, news, photos and feedback to be considered for future Puāwai editions. @ communications@horowhenua.govt.nz or write to Private Bag 4002, Levin 5540.

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Local Legends Foxton Beach Community Centre and Health Shuttle

For more than four decades the Foxton Beach Community Centre and Health Shuttle have been caring for their community.

The centre recently received a makeover and is brightening the community with its friendly services, a new colourful paint job and a new wheelchair accessible van.

Foxton Beach Community Centre and Health Shuttle President Lyal Brenton says, "Our aim is to improve the health and wellbeing of our people who live in Foxton and Foxton Beach. We are more than a health care facility – we enjoy connecting with our community. More and more health and community agencies are using the space and we're glad to host them."

Originally a place where people could come for a simple cup of tea and a chat, the Foxton Beach Community Centre continues to evolve and now houses a growing op shop and meeting rooms for community health organisations to use. This year, a three car garage is being built for the three health shuttles that run out of the centre, including the wheelchair accessible van.

The centre is a Horowhenua Chronicle distribution centre, a household used battery collection point, and a place where frozen meals are sold. Health clinics are run from the centre, and nurses use the space to connect with their patients. People can also pick up RAT tests from the centre and book the Health Shuttle. Now sporting a new logo, the Foxton Beach Community Centre is open during 9am and 3pm on weekdays.

"We couldn't do it with the amazing dedication of our volunteers who go above and beyond. Some even go shopping and pick up prescriptions to help others in the community. Everyone is so appreciative and we are proud to serve both Foxton and Foxton Beach."

Twenty-eight volunteers help with manning the centre and driving the Health Shuttle.

"Foxton Beach does not have taxis, and the bus only runs once a week. We have an aging population who rely on this service – some are unwell, don't have a license, can't afford a car or petrol, and need support. We are proud to be there for them. Beyond driving people to appointments, we support people. Our regulars become our friends."

Each year more than 1400 people use the shuttle. The Foxton Beach Health Shuttle goes between Levin and Palmerston North everyday transporting people to medical appointments; an essential and much appreciated service to those unable to drive. The door-to-door service transports dozens of people each day between Foxton, Levin and Palmerston North



Photo caption: Foxton Beach Community Centre and Health Shuttle President Lyal Brenton outside the freshly painted Community Centre



Photo caption: Some of the friendly Foxton Beach Health Shuttle drivers with one of the three vans.

taking people where they need to go at any time. Three vans run each day taking people to a range of appointments – from dental and eye check-ups to renal treatment, chemotherapy and radiotherapy. The shuttle also goes to Wellington, Hutt Valley and Wairarapa when needed.

Recognising some people had tricky driveways to navigate and health and mobility issues to consider, a wheelchair was donated to the health shuttle by Philip Tiong from Gimbletts Pharmacy in 2021 to make it easier for people to use the service.

In June 2023, the Health Shuttle welcomed a new wheelchair accessible van to the fleet to improve efficiency and make the service more comfortable and easy for people using the mobility aid.

"It's more than just getting people to where they need to go. We provide an important social connection. We are so appreciative to our volunteers, and to the donations and grants we have received to run service."

To make a booking for the shuttle, donate items to the op shop or to volunteer, please contact the Foxton Beach Community Centre and Health Shuttle:

- Foxton Beach Community Centre
 (06) 363 8387
- Ø foxtonbeachcommunitycentre@outlook.com

• 108 Seabury Avenue, Foxton Beach

Services who use the Community Centre:

Respiratory Services *Third Monday of each month*

Birthing Services Palmerston North *First Tuesday of each month*

District Nurse from Best Care Whakapai Hauora *Wednesdays 10am to 12pm*

COVID & Flu Vaccination *Every Wednesday 10am to 2pm*

Whakapai Hauora clinics (Fit, Budgeting, Gambling etc.) Every Thursday 1pm to 3pm

Alcoholics Anonymous Every Sunday 7.30pm

Amanda's Ice Creams Weekends when weather allows

Easie Living Six monthly demonstrations and information sessions

Age Concern Horowhenua *Third Thursday of each month*

Stroke Foundation *Third Tuesday of each month*

Te Whatu Ora RAT Test and masks distribution centre *During opening hours*

Puanga Matariki

14 JUNE TO 22 JULY 2023

Nau mai, haere mai ki te whakanui i a Puanga rāua ko Matariki. Celebrate with us the rising of Matariki and the beginning of the Māori New Year.

A time of reflection and celebration, Matariki begins with the rising of the Matariki star cluster and marks the Māori New Year.

Horowhenua will host a number of fun events and activities for all ages and backgrounds to learn more about, and enjoy, Matariki and you are warmly invited.

Matariki is an abbreviation of 'Ngā Mata o te Ariki Tāwhirimātea ('The eyes of the god Tāwhirimātea') and refers to a large cluster of stars, known in European tradition as the Pleiades. According to Māori tradition, the god of the wind, Tāwhirimātea, was so angry when his siblings separated their parents, Ranginui the sky father and Papatūānuku the earth mother, that he tore out his eyes and threw them into the heavens.

Matariki is a time to reflect, to be thankful to the gods for the harvest, to feast and to share the bounty of the harvest with family and friends. It is a time to acknowledge and mourn loved ones lost during the year, and to release their spirits to become stars.

lwi across Aotearoa New Zealand understand and celebrate Matariki in different ways and at different times.

In Horowhenua, Matariki celebrations will take place between 14 June and 22 July. Gather with your hapori, friends and whānau at one or more of the community events bought to you by Horowhenua District Council in partnership with Iwi and hapū. There's something for everyone.

Matariki 2023 Events Calendar



Te Putanga mai o Matariki - Karakia at Punahau with Muaūpoko Monday 10 luly 5am

Monday 10 July, 5am Donnelly Park

Matariki Storytelling with Kirsty Wadsworth

Monday 10 July, 10.30am to 11.30am Te Takeretanga o Kura-hau-pō



Matariki Storytelling with Kirsty Wadsworth

Tuesday 11 July, 10.30am to 11.30am Te Awahou Nieuwe Stroom

Matariki Storytelling with Kirsty Wadsworth

Tuesday 11 July, 3pm to 4pm Shannon Library



Make a Matariki Kite

Wednesday 12 July, 10.30am to 11.30am Te Takeretanga o Kura-hau-pō

Harakeke Whetū (Star) Workshop

Wednesday 12 July, 1pm to 3pm Te Takeretanga o Kura-hau-pō



Make a Matariki Kite Thursday 13 July,

10.30am to 11.30am Te Awahou Nieuwe Stroom

Make a Matariki Kite

Thursday 13 July, 1.30pm to 2.30pm Shannon Library

Harakeke Whetū (Star) Workshop

Thursday 13 July, 1pm to 3pm Te Awahou Nieuwe Stroom

Night Lights over Te Awahou

Thursday 13 July, 4pm to 8pm Te Awahou Riverside Park



Matariki Pool Party Friday 14 July, 3pm to 5pm Levin Aquatic Centre

Matariki ki Otāuru (Shannon) Friday 14 July, 10am to 3pm Te Maire Park



Whānau Movie – The Lion King Reo Māori

Saturday 15 July, 1pm to 3pm Te Takeretanga o Kura-hau-pō



Puna Kaukau

Sunday 16 July, 5.45am to 7am Poads Road, Gladstone River swing bridge



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Matariki Day Out

Wednesday 19 July, 9.30am to 2pm Te Takeretanga o Kura-hau-pō



Matariki for Tamariki Thursday 20 July, 10.30am to 11.30am

Te Takeretanga o Kura-hau-pō

Rongoā Display

Thursday 20 July, 1pm to 3pm Te Takeretanga o Kura-hau-pō



Friday Concert - Konohete Friday 21 July, 12pm to 2pm Te Takeretanga o Kura-hau-pō

Kapahaka and Community Kai Friday 21 July, 5pm to 8pm Te Takeretanga o Kura-hau-pō

JULY 22

Taitoko Matariki Night Market Saturday 22 July, 4pm to 8pm Te Takeretanga o Kura-hau-pō

Infrastructure Updates

There are a lot of exciting infrastructure projects underway to meet the needs of the rapidly increasing Horowhenua population. Alongside infrastructure upgrades, some key facilities are being built and modernised as the district continues to evolve.

Foxton Pools Upgrade

This \$5.8 million investment includes rebuilding the current structure, adding a spa pool, a new reception area, and upgrading the air ventilation system to ensure the facility remains open and enjoyable year-round.

When the redevelopment is complete, our community will be greeted with a refreshed and purpose-built facility, while retaining the memories for those who have enjoyed it for the past 15 years. Work is tracking ahead of schedule, and it is expected the facility will be open in time for the 2024 summer.

Coley Pond

The construction of a stormwater detention pond (attenuation pond) is stage 2 of the North-East Levin Development area upgrade.

The construction of the storm water detention pond and wetland is to service the increased storm water discharge from the residential growth in the North-East Levin area.









Waitārere Beach Surf Life Saving Community Facility

Work is progressing well on the new surf lifesaving community facility at Waitārere Beach which is replacing the existing run down earthquake-prone building.

The new Waitārere Beach Surf Life Saving Community Facility will support surf lifesaving patrol and rescue operations and training. It will also provide the Levin-Waitārere Surf Life Saving Club and the community with a facility that can host up to 200 people. Construction began in November 2022 and the community will be able to enjoy the new facility in summer.

Wastewater Reticulation Renewal

To accommodate North-East Levin's future growth and to ensure our wastewater is reliable with minimal blockages or overflows, 624 meters of new wastewater main pipe is being installed on Kings Drive from Weraroa Road to Tiro Tiro Road.

The existing pipes (58-year-old reinforced concrete pipes) had a remaining theoretical life of 2 years.

The renewal and upgrade will resolve pipe network spilling problems passed onto the downstream gravity section and is part of Council's water reticulation renewals programme. A key sewer pipe, the Cambridge Street (North) wastewater main was upgraded in early 2023.

Photo captions

- Far left: Contractors and pool specialists Apollo Projects demolished concrete structures to make way for the new reception area, cleared vegetation to make way for the new building and landscaping footprint, and removed part of the roof to replace the beams.
- Far right: The construction of Coley Pond on the corner of Roslyn Road and Fairfield Road, Levin is progressing well and looking great. The next phase of the project will focus on adding new plants to the area and will be complete before August 2023.
- Top left: The impressive Waitārere Beach Surf Life Saving Community Facility will have
- a fantastic view and make it easier for life saving patrols to keep beach-goers safe.
- Top right: Work on Kings Drive is part of Horowhenua District Council's water reticulation renewals programme and will be completed in August 2023.

Doggone it - What a Great Way to Celebrate a Coronation!

King Charles was not the only one who got to dress up elegantly on Coronation Day.

Not to be excluded from the pomp and ceremony, a parade of Cavalier King Charles spaniels sporting finery fit for a king gathered at Levin's Kennedy Park in honour of King Charles' and Queen Consort Camilla's special day.

Parade organiser and loving dog owner Penny Laine says, "It was delightful to see so many Cavalier King Charles spaniels from the lower North Island together to mark the historic day, and to have a good number of people come to see our beautiful dogs with their royal name. Being English myself, it felt it was important to do something special to mark the occasion."

Following the parade, the dog owners enjoyed a high tea.

Across town, tea and scones were enjoyed at a special Community Volunteer Recognition event held at Te Takeretanga o Kura-hau-pō to mark the coronation of King Charles III. Representatives of community volunteer organisations, including all seven volunteer fire stations throughout the district, the Friends of Library, Menz Shed and Shannon Kai Hub, were recognised and presented with an acknowledgement certificate.

The event followed a Tree Planting ceremony at Thompson House Park, one of the many tree plantings which took place around the country.

A plaque which read Māku te ra e tō ana; kei a koe te urunga ake o te rā (Let mine be the setting sun; yours is the dawning of a new day) was unveiled by Mayor Bernie and Mayoress Sharon Wanden as part of the ceremony. The tree will be seen as symbolic to inspire future leaders and young people.

"It was delightful to see so many Cavalier King Charles spaniels from the lower North Island together to mark the historic day"

Penny Laine



Photo above: Penny Laine with her dogs Tash and Smudge

Dogs are our best friends, and we all want the best for them.

To protect your pooch from being lost and unable to find their way home, it is important to register them.

Registration information goes into a national register, which is used to identify and contact owners if a dog is found wandering, lost or stolen. The register also holds information about a dog's history and where it has previously been registered.

Dog registration fees help us to promote dog welfare and keep our community safe from

dog nuisance. They support us to investigate dog complaints, maintain our dog database and provide dog safety education for children and workgroups.

Dog renewal registrations for the Horowhenua district will open slightly later this year. Dog owners will be able to renew their dog registrations from 10am Thursday 6 July until Saturday 5 August 2023 before a 50% late fee penalty payment is applied. The change in date is due to the Annual Plan and LTPA process.

To learn more about dog registrations Animal Control and responsible dog ownership visit Norowhenua.govt.nz/pawsonline























Capture Your Horowhenua

A seasonal photo competition, Capture Your Horowhenua gives local photographers an opportunity to have their work displayed each quarter.

Entries are displayed at Te Takeretanga o Kura-hau-pō and members of the public are encouraged to vote for their favourite photograph.

The theme for the 2023 Autumn season was 'Reflection' and here are some of the finalists. Congratulations to winner Janette Webb who received the most votes for her scenic snap and took home a goodie bag full of local treats.

Follow us on our Facebook page HorowhenuaDC for the latest Capture Your Horowhenua updates, entry details and upcoming competition themes.

The theme for the 2023 winter season is 'Matariki – honouring Hiwa-i-te-rangi – the attainment of goals, dreams and aspirations'. Shortlisted entries are displayed in Te Takeretanga o Kura-hau-pō during the month of July 2023 for public vote.



Bernie on the Beat **Tell us About it!**

In event of emergency, or when witnessing suspicious behaviour, it's natural and encouraged to pick up your phone and share what you're seeing.

An increasing number of people are opening their Social Media apps instead of calling Police to share this information though. We are being informed of posts describing or showing criminal behaviour, but no official complaints or reports have been made. If we are not made aware of incidents through our official channels we cannot help.

There are large numbers of different Facebook groups in the community. Some are public, some are closed and none are monitored by Police. Police do have a Social Media presence and a number of Facebook pages, but if you need to report something that requires Police action and follow up you need to contact us via 111 or 105. Both lines are open 24 hours a day every day of the year. If you witnessed a crime and captured it on camera while others were calling emergency services this evidence could be useful for us to help keep our community safe. Please get in contact. There are various ways you can report a crime.

Call 111 and ask for Police when:

- someone is badly injured or in danger
- there's a serious risk to life or property
- a crime is being committed and the offenders are still there or have just left
- you've come across a major public inconvenience, such as trees blocking a highway
- any of these things are happening now or have just happened.

If you can't decide if it's a real emergency and you're still worried, call 111 and ask us. We'll help you work out what to do.

An emergency TXT service for people with hearing or speech difficulties is available if you have difficulty hearing or talking on the phone. You can register for the 111 TXT service at police.govt.nz/111-txt



Call the 105 non-emergency number or visit 105.police.govt.nz for:

- things that have already happened
- things which don't need urgent Police assistance.

Call *555 for traffic related incidents:

- Minor non-injury crashes
- continuous poor driving
- traffic congestion
- breakdowns and obstructions on the highway

Visit us in person at your local Police station. Appointments aren't always necessary, but to ensure someone will be there to assist you it is best to phone ahead on 105 to connect with your location station - especially if your nearest station is a small or rural station.

Contact Crimestoppers on 0800 555 111 or to make an anonymous report visit crimestoppers-nz.org

If you prefer to communicate online, we encourage you visit 105.police.govt.nz to report any situation that doesn't require immediate Police or Emergency Services attendance, to request an update on a report already made or to add to an existing report.

Stay safe.

Bernie

Gardening with Simon Simple Composting

Keep food scraps out of landfill and turn them into gold for your garden by composting.

It's a misconception that composting is a science. The key to good compost is simplicity.

There are a few forms of composting. The most common is the common upright black compost bin.

To make good compost, you need a few things: Carbon rich 'browns' (dry leaves, plant stalks and twigs), nitrogen-rich 'greens' (grass clippings and food and vegetable scraps), water and air.

I've found you don't have to be strict with how you layer the 'ingredients'. I've put them in the bin willy nilly and still had great results. I always added a good handful of ordinary garden lime to help break everything down. The same works in tumbler compost bins.

Another form of composting is leaf mould. This is a great way to use a stockpile of leaves which you may have collected over the autumn months. Pack the leaves in a black rubbish bag, sprinkle a small amount of water and lime over the leaves every so often as you fill the bag. When it's full to the brim poke holes throughout the bag to let the mixture 'breathe'. Leave the full bag under a tree and forget about it until just before spring when it's time to empty the bag and spread it over your garden.

There are some things which shouldn't be put in your compost, such as cooked or processed food, noxious weeds, dog or cat poo or oil, but there are some surprising things you can add to the mix:

- Cardboard egg cartons
- · Newspapers and photocopy paper
- Tissues and paper towels
- Crushed Eggshells
- Droppings from rabbits and guinea pigs (or any pets that don't eat meat)
- Shredded brown paper bags

There is some great advice on composting online at **N** lovefoodhatewaste.co.nz/ composting-101/.

What to plant in winter:

- Deciduous fruit trees
- Blueberries
- Broccoli
- Cabbage
- Carrots
- Garlic
- Lettuce
- Onions
- Peas
- Raspberries
- Spinach

Have a wonderful winter.

Simon Broad ("Gardening With Simon")

06 363 8855
 027 769 0674
 sf.broad@xtra.co.nz



Let's Cook...

Petches Gingernuts from GrouN Zero

Try this recipe from one of Levin's hottest new coffee spots. Petches Gingernuts are the perfect treat to enjoy with a comforting hot drink in the colder months – or any time of year!

Ingredients

Butter	125 grams
Sugar	160 grams
Egg	1
Golden Syrup	1 tablespoon
Flour	250 grams
Baking Powder	1 teaspoon
Ground Ginger	1 tablespoon
Baking Soda	1/2 teaspoon

Method

- 1. Preheat oven on fan bake to 150°C
- 2. In a large bowl cream together room temperature butter and sugar.
- 3. Add the egg and golden syrup and mix until combined.
- 4. In a separate bowl combine the dry ingredients, then fold through the creamed mixture.
- 5. Roll in teaspoon sized balls and place on a lined tray.
- 6. Do not flatten. They rise then flatten while cooking.
- 7. Bake for 20 minutes until golden.



Located next to The Warehouse at 10 Queen Street West, Levin, GrouN Zero is a great place to get a hot coffee in the cold months – or any time of the year! The new business is open Monday to Friday between 5.30am and 4pm, Saturday 7am and 3pm and Sunday 8am to 3pm. **G** GrouN Zero

Puzzle Corner

WORDFIND

Winter time

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Matariki Constellation Blanket Gloves Movies Woolly hat Slippers Fireplace Hot chocolate Mulled wine Skiing Ice Frost Snowflake Jacket

Knitwear Umbrella Winter solstice Soup Library

SUDOKU

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Volunteer Horowhenua



A list of volunteer opportunities to get involved in our community.

Retail Shop Assistant

Levin

Role #2241 Sort donated goods, cash handling, merchandising and cleaning.

✓ Dates/Hours: 4 hours per week

Refugee Support Volunteer (RSV)

Levin

Role #1165

Help refugee families become settled and independent. Training provided.

Dates/Hours:
 2 – 8 hours per week

Lawn Mowing Volunteer Levin

Role #2201

Mow lawns around a charity building.

✓ Dates/Hours: Flexible.

Grant Researcher

Work from home

Role #2255

Identify grant opportunities, create funding calendar, report progress to endometriosis Manager/Educator. Training provided.

✓ Dates/Hours: Flexible.

Committee Secretary

Role #2244

Secretarial support to a Levin based charity.

✓ Dates/Hours: 8 hours per month

If you are interested in any of these roles, please contact Volunteer Central.

(06) 354 6027

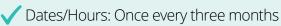
☑ info@volunteercentral.nz

🛚 volunteercentral.nz/horowhenua

Puāwai distributor

Levin

Pick up copies of Puāwai and distribute them around Horowhenua rest homes.



If you are interested in this role, please contact Horowhenua District Council:

🔇 (06) 366 0999

communications@horowhenua.govt.nz









Don't let the wet weather rain on your parade. Here's an insider's guide to beat the rain and make the most of those moody winter days:



Indulge in a good movie

Wonderful

Winter Activities

There is no better activity on a rainy day than cosying up with some warm buttery popcorn and watching a movie. Focal Point Cinema and Café Levin is a comfortable and great place for this.

Go shopping

The great thing about our district's big little town centres is that they're conveniently compact, you can shop the day away and make your way around most of the stores without getting wet.

Relax at a local cafe

Enjoy live music at Ocean Beach Eatery's Sunday Sessions from 4pm to 6pm in Foxton Beach, get your caffeine fix at Taper Cafe in Levin, or pop into Mrs Nubbs Foxton for brunch with friends.

Take a pottery class

The Levin Pottery Club offers classes and workshops where you can learn to make pottery and ceramics. Sign up to the club and pot anytime, rain or shine!

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Splash the day away

Levin Aquatic Centre is the perfect location for a rainy day swim. Soak in the hydrotherapy pool, enjoy a fitness class, go aqua jogging with a friend, or let your inner child enjoy some water play.

Curl up with a coffee and a good book Visit either Te Takeretanga o Kura-hau-pō or Te Awahou Nieuwe Stroom for a warm, cosy café/ library experience. Or if you are in Shannon, make sure to pop into their library and hunt out a book. All of these spaces provide the perfect place for you to lose yourself in a paged world and travel the world from the comfort and warmth of one of our community centres.

7 Visit a local art gallery

We have a number of beautiful little art galleries scattered around Horowhenua, why not visit them all? From Māpuna Kabinet Art Gallery in Foxton to Ti Kōuka Gallery in Waitārere Beach, there is something for everyone.

8 Visit Shannon's Toy Circus

Who doesn't love toys?! Family fun for all ages, this toy and gaming museum also has mini golf, a skate rink, scooter/BMX ramps and foam pits – a great option if you're looking for something to keep the grandkids entertained.

- 9 Ignore the rain and be one with nature Papaitonga Scenic Reserve has a 20 minute loop track that takes you to a viewing platform at Lake Waiwiri. Walking below the canopy of the trees and enjoying the wetland surroundings is bound to be the highlight of anyone's day.
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Travel back in time at the Tokomaru Steam Engine Museum or MAVtech – Museum of Audio and Visual Technology (Foxton). Discover one of New Zealand's largest collections of steam engines and early industrial heritage at the Tokomaru Steam Engine Museum and uncover more than 100 years of audio visual technology and history in MAVtech.

Visit Norowhenuanz.co.nz for more information about these places, events, sites and things to enjoy in our district throughout the year.





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