



ELDER

Issue 49
Spring 2019

berries

News, views and info for older people in Horowhenua District



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Welcome to *Elderberries*, Horowhenua District Council's magazine tailored for older people.

Elderberries aims to inform older people in our community about news, issues, events and services relevant to them. It also aims to interest, entertain, and – perhaps most importantly of all – celebrate the positive stories of the good that older people contribute to our community.

We know there are a lot of positive stories out there that we might never hear about, and a lot of people quietly making a difference to the lives of others with their selflessness, kindness and generosity. We need your help to celebrate the good things that are happening in our community and give our everyday heroes the recognition they deserve. If you know of someone who deserves recognition or you hear a positive story that would interest older people in our community, please let us know.

-  **You can contact us by email to comms@horowhenua.govt.nz, or by telephone on 06 366 0999.**
-  **Alternatively, drop by Horowhenua District Council's main office and tell us your story in person.**

Elderberries is published on a seasonal timetable; with a new issue each Winter, Spring, Summer and Autumn. Copies are free and available to collect from stands located throughout Horowhenua.

If you are a community group, rest home or business that requires bulk copies for your members, residents, or customers, let us know and we can provide these for you to collect from Horowhenua District Council's main office in Levin.

-  ***Elderberries* is available to view and download online at www.horowhenua.govt.nz/News/Elderberries**
-  **If you would like a PDF copy emailed to you, please email comms@horowhenua.govt.nz or phone 06 366 0999.**
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Beautiful quilts on display at QUILTFEST

The Horowhenua Events Centre is set to be decked out with over 200 colourful quilts on Saturday 12 October in the Town and Country Quilters' popular biennial QUILTFEST event.

Quilter Lynne Burnham says over 200 colourful quilts will be displayed.

"In earlier times, patchwork quilts were the norm with traditional patterns and methods used. Functional fabric quilts were made by hand or machine and were usually used as bedcovers. These days quilts are recognised as art and come in many forms. They can be either two or three dimensional and use all sorts of materials and embellishments, including beads and building materials," she said.

Two guest exhibitors, Hazel Foot and Griet Lombard, will display their work.

Hazel Foot is a well-known quilter, designer and tutor from Auckland who began her quilting life in 1990 in Hong Kong. Her work falls into two categories, the first relating to New Zealand and the second inspired by travel to other parts of the world. Other cultures often influence her work.

Griet Lombard is originally from South Africa and now resides at Waitārere Beach. She is a renowned designer and international teacher with a style of her own. Her free style results in art quilts that are an inspiration to the traditional quiltmaker.

"Both are renowned quilters and have taught throughout New Zealand and overseas. Their styles are quite different and their work is outstanding. They have a passion for fabric, colour and design resulting in original quilts that are of interest to all, whether sewists or appreciators of fine art works," Lynne says.

In addition to the displays, there will be merchants to browse and buy from, and also a café.

Admission to QUILTFEST is \$5 and all are welcome.

Lynne says QUILTFEST is one of the Town and Country Quilters' major highlights, but there's a lot more going on too.

"We'll be displaying our quilts at Te Takeretanga o Kura-hau-pō from 15 to 27 September, and there will be quilters working in the library on the Wednesdays and Fridays. They'll be happy to talk to anyone about their work," she says.

"In between events, our members make gift quilts which are donated to those in need, or those who would benefit from the gift of a warm colourful quilt. We make gift quilts for babies in hospital, and for those who are suffering in some way. We have also made heart cushions for women and men who have had breast cancer surgery."

Members meet on the second Wednesday of each month at 7.30pm to gain inspiration from speakers, learn new ideas and techniques and share their work with each other. Meetings take place at the LifeChangers Church, 87 Cambridge Street, Levin. There

are also regular workshops with well-known tutors and bus trips to other quilting events.

New members are welcome and help is always available for people who are new to the craft.

 **For further information contact President Jane Warren 06 367 2675**



QUILTFEST guest exhibitor **Griet Lombard** with an example of her work.



Indian Rhapsody by Hazel Foot.

	TOWN & COUNTRY QUILTERS EXHIBITION	
	Saturday 12 October 2019 9am - 4pm	
	QUILTFEST 2019	
	Horowhenua Events Centre, Victoria Street, Levin	
	Guest Exhibitors Hazel Foot / Griet Lombard	
	Cafe Merchants	
	Sponsor Cherry Pie Quilt Patch	
	\$5 Entry Includes chance to win a Bernina Sewing Machine	
	BERNINA SEWING CENTRE	

Festival of Stories celebrates the right to share our stories

This year's Festival of Stories celebrates the fascinating topic of banned and challenged material.

The popular annual Libraries Horowhenua festival offers a different theme every year.

Community Engagement Librarian Pamela Coleman said this year's theme explores the right to share our stories and the stories of those who work to uphold free expression. It is a chance to explore the concept lines around freedom of speech, banned and challenged

material and discuss the centuries-old debate over the censorship of ideas.

The festival starts on Saturday 21 September and runs until Sunday 29 September. Libraries Horowhenua will hold events across the district, at Te Takeretanga o Kura-hau-pō in Levin, Te Awahou Nieuwe Stroom in Foxton, and the Shannon Library. In addition, three exhibitions will run throughout the festival.

For more info, visit:

 www.tetakere.org.nz/festivalofstories

All events are free but some events do require bookings. To book, email info@horowhenua.govt.nz or visit the Te Takeretanga o Kura-hau-pō service desk.

Exhibitions

Banned and Challenged Album Covers

Monday 21 September to Saturday 28 September, Shannon Library.

Gill Allen and Paula Dixon - Nature's Colour and Form Exhibition

Sunday 1 September to Saturday 28 September, Te Takeretanga o Kura-hau-pō.

Town and Country Quilters

Monday 17 September to Saturday 29 September at Te Takeretanga o Kura-hau-pō.

Horowhenua Arts Society - Our Place Exhibition

Thursday 8 August to Sunday 29 September, Te Awahou Nieuwe Stroom.

Daily

Banned Adult's Books to Film

10.30am to 11.15am, Te Takeretanga o Kura-hau-pō.

Banned Children's Books to Film

3.30pm to 5pm Te Awahou Nieuwe Stroom; Shannon Library; Te Takeretanga o Kura-hau-pō. We have special permission to screen these films for free in public libraries as long as we don't advertise the film name

online. Please call your local library during opening hours to get more details about the film screenings.

- Te Awahou Nieuwe Stroom (Foxton) Phone: (06) 363 5571
- Shannon Community Library Phone: (06) 362 7030
- Te Takeretanga o Kura-hau-pō: Phone: (06) 368 1953

Sunday 22 September

Special Event: Tammam Tamim

2pm to 4pm, Te Takeretanga o Kura-hau-pō. Tammam Tamim, former refugee and now President of the Manawatu Refugee Voice, shares his story about how he fled Syria, his experience in Thailand and how his family have settled into life in New Zealand.

Monday 23 September

Workshop: Make Your Own Mini Handmade Book

11am to 12pm, Te Awahou Nieuwe Stroom.

Slam Poetry Workshop: RikTheMost

1pm to 4pm, Te Takeretanga o Kura-hau-pō. First of our three Spoken word and poetry workshops. Free but registration for all three workshops is essential. Age 14+ Contact Pam Coleman for details - pamelac@horowhenua.govt.nz.

Virtual Reality: Express your creativity

3.30pm to 5pm, Shannon Library. Unleash

your creativity and paint in 3D space with virtual reality.

Tuesday 24 September

Film and Literature Classification

11am to 12.30pm, Te Takeretanga o Kura-hau-pō. As a lead in to our Festival, Erica Brooks from the Office of Film and Literature Classification the history of censorship and talks about how censorship decisions are made.

Wednesday 25 September

Storytelling: Zebong: Storytelling with a Twist!

9.30am, Te Takeretanga o Kura-hau-pō.

11.30am, Te Awahou Nieuwe Stroom.

1.45pm, Shannon School.

Zebong will take you on an enthralling adventure that has you on the edge of your seat, and up on stage!

Tea and Tales: Turn the Light On!

2pm-3pm, Te Awahou Nieuwe Stroom

Join us for a cup of tea and listen and share your favourite banned or challenged books.

Slam Poetry Workshop: RikTheMost

1pm to 4pm, Te Takeretanga o Kura-hau-pō.

Second of our three Spoken word and poetry workshops. Free but registration for all three workshops is essential. Age 14+ Contact Pam Coleman for details - pamelac@horowhenua.govt.nz.

Virtual Reality: Express your creativity

3.30pm to 5pm, Te Takeretanga o Kura-hau-pō.

Thursday 26 September

Tea and Tales: Turn the Light On!

11am-12pm, Te Takeretanga o Kura-hau-pō.

Join us for a cup of tea and listen and share your favourite banned or challenged books.

Workshop: Make Your Own Mini Handmade Book

2pm-3pm, Shannon Library.

Special Event: Nicky Hager

6pm-8pm Te Takeretanga o Kura-hau-pō.

Investigative writer Nicky Hager joins us to discuss how people need to be

"re-empowered" to give their views openly without fear of repercussions.

Friday 27 September

Slam Poetry Workshop: RikTheMost

9am to 3.30pm, Te Takeretanga o Kura-hau-pō. Third of our three Spoken word and poetry workshops. Free but registration for all three workshops is essential. Contact Pam Coleman - pamelac@horowhenua.govt.nz.

Bus trip: Magical Musical Mystery Tour - All aboard Ladies and Gents

9:30am to 2pm. Departs Bath St. bus stop, Levin. Tour visits Shannon Library to enjoy a concert from Nick Van Dijk and enjoy some refreshments, before continuing to Te Awahou Nieuwe Stroom in Foxton for a light lunch and a lunchtime concert from our mystery guests. Returns to Levin via Shannon. Free, but bookings essential as seats are limited.

Virtual Reality: Express your creativity

3.30pm to 5pm Te Awahou Nieuwe Stroom.

Have a go Instrument Workshop: Find a Voice through music!

3:30am to 5:00pm, Shannon Library.

Saturday 28 September

Tea and Tales: Turn the Light On!

11am to 12pm, Shannon Library

Join us for a cup of tea and listen and share your favourite banned or challenged books.

Slam Poetry Workshop: RikTheMost

9am to 3.30pm, Te Takeretanga o Kura-hau-pō. Poetry Slam is the competitive format taking the world by storm. It's been building up to this! Experience the energy of some of New Zealand's best slam poets battling it out to win a cash prize! A high energy, enthralling event where performance poets are judged by random members of the audience in an arbitrary but totally engaging way. Free

Sunday 29 September

Speaker: Georgina Beyer

2pm-3pm, Te Takeretanga o Kura-hau-pō.

Transgender politician Georgina Beyer shares her story and what it means to be someone who works to uphold free expression. Free.

Levin Citizens Advice Bureau: Helping you to know your rights

Levin Citizens Advice Bureau is part of a nationwide organisation that provides advice to nearly half a million people every year. Levin Citizens Advice Bureau president Dave Rix and board member Mike Elliott provide an introduction to this valuable service.

The Levin Citizens Advice Bureau is a voluntary organisation which provides free, confidential information and advice to anyone about any query or problem. Citizens Advice Bureau is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau.

We aim to ensure people know their rights and responsibilities, and are aware of services and organisations within the community that can help them with any given query.

What do we do?

We can provide information about almost anything, and if we can't – we will put you in touch with someone who can. Some of the common queries answered by Citizens Advice include legal issues, housing queries, relationship problems, employment matters, neighbour disputes, and how to get in touch with local clubs and organisations.

In addition to answering queries over the phone, we have a wide range of information on our website – www.cab.org.nz. The website provides step-by-step guides to help you find out what you need to know to resolve your problem.

Citizens Advice Bureau also acts as a public watchdog and an advocate for the disadvantaged or unfairly treated. We use our enquiries information to build a picture of what is affecting our communities, both locally and nationally.

How is it funded?

The Citizens Advice Bureau is funded by central and local government, lottery grants,

and a number of trusts. Volunteers are constantly fundraising to make up the difference between what we have, and what we need to operate effectively.

How can I get help?

To contact the Levin Citizens Advice Bureau you can call in and visit us at Jack Allen Community Hub, which is located at the back of the RSA in Bristol Street. Just come into the RSA car park and you will see our sign in the window of our offices. Alternatively, you can phone us on 06 368 9521 or you can also email us Levin@cab.org.nz. We are open from 9.30am to 2.00pm Monday to Friday. We have a free legal clinic every second Wednesday evening at 5.30pm. You need to phone to make an appointment.

How much does it cost?

All services offered by the Citizens Advice Bureau are completely free.

How can I help?

We are always looking for new volunteers to help us out. If you can donate a minimum of two hours a week and you believe you have the skills to be a volunteer either come and visit us, or give us a call. We would love to hear from you.



Levin CAB president Dave Rix is part of a team that has helped with 836 enquiries this year.

AquaCise gives new lease on life

Helen Cardiff has a new lease on life – and it’s largely thanks to AquaCise.

Two-and-a-half years ago, Helen was struck by a virus that left her with only 27 per cent usage of her heart.

Despite the setback, Helen was determined to return to her regular AquaCise class, which she’d been attending for 12 years. She attends four classes a week, and has seen an amazing improvement in her heart function.

“Thanks to medication and regular exercise through AquaCise, my heart function gradually increased to 40 per cent, which is more than my doctors expected would be possible. AquaCise has done me a world of good,” she says.

“At first, I got breathless and struggled to complete the classes. But now I can do the full class – it’s awesome! The fitness I’ve gained at AquaCise means I have more energy and interest in life, and I can do more at home and in the garden.”

Helen also enjoys the social side of AquaCise.

“I’ve made some wonderful friends and we take care of each other. If someone doesn’t turn up for couple of classes we’ll get in touch to check they’re okay,” she says.

Helen says she’d recommend AquaCise for anyone, men and women of all ages, who want to build up their fitness, particularly those who need a low-impact exercise option.

“If you have arthritis, or you’ve been through an operation, or anything else that makes land-based exercise difficult, being in the pool makes it easier to stay active. And we’d love to see more people coming along who might otherwise be sitting at home, not getting any exercise.”

AquaCise classes are suitable for all ages and abilities, and are available at the Levin Aquatic Centre and during the open season at Foxton Heated Pools.

 **For more information about AquaCise and other Aquatics Horowhenua fitness classes, visit aquatics.horowhenua.govt.nz or contact (06) 368 0070.**





Helen Cardiff (right) with Aquatics Horowhenua fitness instructor Paula Pereira.

Get hitched!

Tow hitches for your recycling wheelie bin are now available from Horowhenua District Council.

A tow hitch is a lightweight, easy-to-use device that enables you to tow your recycling wheelie bin behind your car.

Environmental Engineer Ryan Hughes says the tow hitches are a great option for making it easier to do your recycling.

“If you have a long driveway, or you find it difficult to manoeuvre the large 240-litre recycling wheelie bins, these tow hitches can

help,” he said.

The tow hitches are available at cost price of \$25 and the tow ball hole is 51 millimetres, which will fit over the tow ball on most cars.

For those who prefer a smaller wheelie bin, Council also offers an option to swap your 240-litre wheelie bin for an 80-litre one.

 **To get your tow hitch or request an 80-litre recycling wheelie bin, please contact Horowhenua District Council on 06 366 0999 or call into the main office at 126 Oxford Street, Levin.**

Levin resident aims for world record

Turning 80 years old is no barrier to Barbara Sharp's ambition to break a world record.

The Levin-based great-grandmother aims to break the world record time for indoor rowing in her age group at the NZ Masters Games in Dunedin in February 2020.

"I competed in the NZ Masters Games in Whanganui this year and found that my times were close to the world record, so I decided that February in Dunedin would be when I really try to put my name in the record books," Barbara says.

Barbara has been rowing for three years and has already amassed seven gold medals, including back-to-back triple gold medals at the Masters Games. She also won a medal in the 5 kilometre walking event at the Masters Games.

In May this year, Barbara was awarded the title Active Grandparent of the Year after being nominated by one of her eight grandchildren. It's a title that is well deserved.

Barbara's active lifestyle includes working out at the gym on Mondays and Wednesdays, and walking and swimming on Tuesdays and Fridays. She's also a keen gardener and volunteers at the SPCA charity shop one day a week.

"I've always been active throughout my life, and I do have a bit of a competitive streak!" Barbara says.

Barbara is currently busy fundraising for the trip to the Dunedin Masters Games, with a raffle and a film afternoon.

Tickets for the raffle cost \$2 each or three for \$5, with assorted vouchers offered by local businesses as prizes. It closes on 30 September.

The film afternoon will feature Ride Like a Girl, the story of Michelle Payne, the first female jockey to win the Melbourne Cup. It will be held at 3pm on Sunday 27 October. Tickets cost \$22. Tickets for both the raffle and the

film afternoon are available from Barbara on 06 367 9372 or barbaralevin16@gmail.com.

If you're a wine buff, you can also support Barbara by purchasing a six pack of Ōhau wines from their online shop at www.ohauwines.co.nz. For every pack sold, Ōhau wines will donate \$10 to Barbara's travel fund. Remember to enter the discount code DUNEDIN2020 when you make your purchase.



Barbara in action on her indoor rowing machine.

Age on the GO

An expo to promote positive ageing by showcasing activities and services that focus on good health, fun and support for older people in Horowhenua.

Friday 18 October, 10am to 3pm
Horowhenua Events Centre,
Victoria Street, Levin

Stall registrations open. For more information and to register visit www.horowhenua.govt.nz/ageonthego

Rates Rebates

Applications are open

Council
strongly
encourages
you to
**apply
now**

Rebates of up to **\$640**
may be available to eligible
residents.

Who is eligible?

You must have been living at the property at 1 July 2019 and you must be a ratepayer for the property.

Rebates are based on total household income for the tax year ending 31 March 2019 and the amount of rates for both Horowhenua District Council and Horizons Regional Council for the 2019/2020 Rating year.

Check out the chart on the next page to determine if you are eligible and contact Council today for an appointment.

 Call 366 0999 to make an appointment or;

 Email your name and phone number to ratesrebates@horowhenua.govt.nz

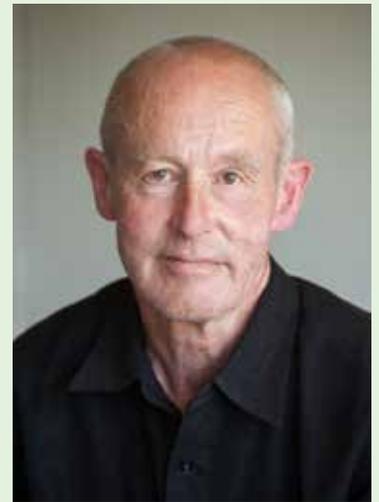
Gardening with Simon

This spring edition of 'Gardening with Simon' is dedicated to the memory of Hewa James Green, who sadly passed away on the 23rd of September 2018. Hewa, or James as he was fondly known to me, was a willing and helpful asset to my gardening.

All I had to do was ring him and he was over like a shot.

R.I.P James.

He will never be forgotten.



Your spring garden

When top New Zealand Jockey Jim Cassidy was riding in Sydney he had a catch phrase which went, "Ringading Ding, I Am The King". My interpretation is, "Ringading Ding, Yay, It Is Now Spring!"

Spring has always been my favourite season of all out of the four, as that is when all my hard work starts to pay off.

I am going to make a list of some of the more popular plants to plant in the spring. The following is only what I plant.

Tomatoes

Spring would not be the same without one of the most popular and versatile vegetables to plant in your spring garden, and that would have to be the tomato. Like most plants, the tomato needs plenty of homemade compost, blood & bone, and my new-found favourite, sheep pellets. Just remember that tomatoes will need staking. I have seen online articles about just letting the tomato plant ramble along the ground. I have my own opinion on this particular method and I will be keeping it to myself.

There are now so many different varieties of tomatoes that I get totally confused. There are even the ones I call the 'City Variety', the cherry tomato. I am not knocking the people who grow this variety, but in my case I would need a helluva lot to make a jar of tomato relish or a container of tomato soup.

Capsicums

Another underestimated plant which I use a lot of, red or green, is the capsicum. Like the tomato, the capsicum will need staking. A gross feeder, they need a well worked patch of ground with compost, blood & bone, sheep pellets and general fertiliser. Remember, they always start off green and then turn red, so patience is required.

Late spring plants

Then in late spring, beans (dwarf, and climbing), corn (always plant in a block as they are wind pollinated), zucchini (always pick when small), lettuces, spring onions, beetroot, carrot, chilli and basil, to name just a few.

Spring quote

Spring is nature's way of saying 'Let's party!'

That is it for the spring, and I will see you all in the summer.

If you need to contact me, you can find me at any of the following:

Simon Broad

 **62 Avenue Road, Foxton 4814**

 **06 363 8855**

 **sf.broad@xtra.co.nz**



Enduring powers of attorney and wills

Thanks to Will Johnston, Solicitor at Dewhurst Law, for providing this guide to enduring powers of attorney and wills.

If you lose mental capacity to make your own decisions, having enduring powers of attorney in place ensures someone you trust is making decisions for you, as well as reducing delays, stress and court expenses.

Most rest homes require residents to have powers of attorney.

What is an enduring power of attorney?

An enduring power of attorney refers to a document where you grant to another person or 'attorney' the power to make important decisions on your behalf if you lose your mental capacity. Losing capacity means not being able to make decisions for yourself, or not being able to communicate your decisions.

There are two types of power of attorney: property, and personal care and welfare.

Property

A property attorney can make decisions about things you own: your house, car, pets, and other personal belongings.

You can empower your property attorney to make decisions for you at all times, whether or not you have capacity. This can be convenient if, for example, you want property dealt with while overseas. Or, a property attorney can be limited to making decisions for you only if you lose mental capacity.

You may wish to appoint more than one property attorney, who can be directed by you to act jointly or alone.

Personal care and welfare

Personal care and welfare relates to care decisions, such as where you live, and within limits, what medical treatments you will receive. An attorney for care and welfare may only act while you lack mental capacity.

You can only appoint a single personal care and welfare attorney.

How does it work?

Only a medical practitioner can assess if you have lost your capacity. This means your enduring powers of attorney only come into effect once a professional assessment has been made.

You can direct that your attorney must consult with various people. You can also impose limits on the exercise of the powers. If an attorney no longer wishes to act, you can nominate successor attorneys in advance.

Choose people you trust to be your attorneys. Discuss your wishes with them, and record any specific wishes in writing, preferably as part of the power of attorney document.

Attorneys must make decisions in your best interests. They should ensure you make your own choices and exercise your independence as much as possible. A good attorney not only makes choices you would approve of, but also assists you to make your own life choices.

Living wills and final wills

A living states your wishes for end-of-life medical care, in case you become unable to communicate your decisions. It can be prepared with your powers of attorney documents to guide your attorney in making choices for you.

A final will is a formal declaration of what you wish to happen when you die. It can specify wishes relating to property, your funeral arrangements, guardianship of children, and how your body and remains are treated. A will creates trusts for the beneficiaries, and can be as simple or as complex as your assets and personal circumstances require.

Carefully consider your wishes to avoid possible claims by family members, or other people in your life.

Who can help?

Your solicitor can help you arrange or update powers of attorney and wills.



What's On

in and around Horowhenua

Event details are correct at the time of publication. For further details and other events, visit www.horowhenua.govt.nz/events

All of September

Nature's Colour and Form Exhibition

Te Takeretanga o Kura-hau-pō. This joint exhibition showcases the work of two Horowhenua artists: painter Gill Allen and jeweller Paula Dixon. For both, nature is a significant influence. The exhibition demonstrates the complementary exploration of their chosen mediums and techniques, rendering these expressions of natural aesthetics in a multifaceted collection of jewellery and acrylic paintings. **Free.**

All of October

Radha Sahar & Charles Bagnall Exhibition

Te Takeretanga o Kura-hau-pō. Radha Sahar's unique three-dimensional paintings take nature as a theme and use natural materials such as flax, grasses and feathers, often woven into the artwork by hand. Charles Bagnall showcases his photography, alongside examples of his wooden furniture. Both artists are local.

13 Sunday 13 October

6th Annual Women's V8 Car Cruise

8:30am to 2pm at Shannon Domain, 2 Ballance Street, Shannon. Annual event for women driving classic American hot rods and muscle cars. Entry \$5 per person. Proceeds go to breast cancer support charity Sweet Louise.

18 Friday 18 October

Age on the Go Expo

10am to 3pm at the Horowhenua Events Centre, Levin. This annual expo offers up to 60 stalls promoting positive ageing by showcasing activities and services that focus on good health, fun and support for older people in Horowhenua. **Free entry.**



Sunday 27 October

Foxton Spring Fling

Main Street, Foxton. More than 180 stalls, kids' rides and entertainment, bands, food and plenty of fun. The fabulous Beat Girls are back, and there are new rides and children's entertainment.

Adults \$2, children under 5 years old free.

All of November

There Be Dragons and Other Creatures

Te Takeretanga o Kura-hau-pō. An exhibition of eclectic and creative works by local artist Vicky Millman. **Free**



Friday 1 November to Friday 31 January

Anne Frank, New Zealand – Let Me Be Myself

Te Awahou Nieuwe Stroom. This exhibition explores discrimination and prejudice, and the need for tolerance. Curated by the Anne Frank House in Amsterdam, it illustrates what happened in occupied Europe during the 1930s and 40s, and how anti-semitism and prejudice affected Anne and her family. It also discusses how teenagers from minority groups in Aotearoa experience discrimination and prejudice.

Entry \$5 for adults, \$2 for Libraries Horowhenua cardholders, and free for children and students.



Saturday 23 November

Horowhenua Taste Trail 2019

Various locations. Save the date for the fourth annual Horowhenua Taste Trail. The Taste Trail provides a unique opportunity to get behind the scenes and sample delicious local produce, directly from the source. Check www.tastetrail.co.nz for updates and further information.