

MINUTES FROM THE OLDER PERSONS' NETWORK MEETING HELD IN THE COUNCIL CHAMBERS, HOROWHENUA DISTRICT COUNCIL, 126-148 OXFORD STREET, LEVIN, ON 18 FEBRUARY 2016 AT 10:00 AM

IN ATTENDANCE

Yvonne Mabey	Arthritis Support
Connie Upston	60s Up
Lynne McKenzie	Breathe Easy
Anne Mowry	Alzheimer's Manawatu
Bob Phillips	Healthcare NZ
Ann Wright	Diabetes Horowhenua
Bob Wright	Diabetes Horowhenua
Colin Lawrie	Horowhenua Health Transportation Trust
Mike Coupe	GreyPower
Sylvia Meijer	Central PHO
Susan Carson	Work and Income
Marion Fulljames	St John Medical Alarms
Pamela Gibbs	St John Caring Caller
Jude Parke	St John Territory Manager Operations
Linda Cliff	MiLife Rosewood Park
Sue Blewitt	MiLife Kelvin Grove
Shirley Welch	Yellow Pages
Tony Welch	Yellow Pages
Wally Dyson	Breathe Easy
Ema Jacob	Te Takere
Luciana Maru-Hill	Manawatu Supporting Families in Mental Illness
Heather Austin	Health and Disability Advocacy
Jo Smith	MidCentral District Health Board
Glenys Rumsey	Horowhenua Masonic Village
Peter Dyer	Citizens Advice Bureau
Margaret Williams	GreyPower
John Mullany	Diabetes Horowhenua
Mayor Duffy	Horowhenua District Council
Cr Garry Good	Horowhenua District Council
Cr Tony Rush	Horowhenua Hearing Association
Arthur Nelson	Horowhenua District Council
Kathy Mitchell	Horowhenua District Council
Cathryn Pollock	Horowhenua District Council

WELCOME

Chair Duffy welcomed the network and opened the meeting at 10:01am

APOLOGIES

Neil Walton	Adult day Care
Daphne Barret	Breathe Easy
Carrol Cumming	Horowhenua Pink Ladies + Arthritis Support
Lew Rohloff	Grey Power
Maureen Gilbey	60S Up
Karen Morrow-Griffin	Horowhenua Mobility Scooters

Apologies were NOTED by Chair Duffy

MINUTES – 19 NOVEMBER 2015

The minutes of the November meeting were NOTED.

MATTERS ARISING

There were no matters arising

ANNOUNCEMENTS

Chair Duffy acknowledged Natasha, the newest reporter for the Horowhenua Chronicle that was in attendance as media.

UPDATE FROM ORGANISATIONS AROUND THE TABLE

Linda Cliff – MilLife Rosewood Park - I'm the new manager of Rosewood Park Levin and this is Sue Blewitt and is the manager of Kelvin Grove Milife.

Jude Parke - St John Operations – Good morning we've got a lot going on. We went live with electronic patient report forms on Monday, it means a small delay getting the crews clear and used to the new system. It's going to take a few weeks to get used to it but the real strength of the new system is the ability to capture trends and information automatically. If you do find yourself having to call an ambulance the ambulance officers have found that while they are getting used to the new system there is a small disconnect with the patient whilst they have their heads down filling in the form electronically until this becomes second nature. We also went live with our new falls pathways in association with ACC and the Ministry of Health, which is a programme that aims at assisting elderly in identifying fall risks in their homes. New intensive care unit paramedic has started in Levin who came down from Auckland, has been able to sell his home in Auckland and become freehold. I want to talk to media about volunteers and the process they take to become a full time paramedic.

Pamela Gibbs – St John Caring Caller – There has been a bit of interest in Caring Caller recently, however there was one issue where one person who wanted to be a caller and the other carer but neither of them had landlines, the service is only viable if you have a landline. I'm also interested in volunteers.

Marion Fulljames – St John Medical Alarms – Hi Everyone, I'm the St John Medical Alarms Rep for the area from Paekakariki to Waitarere. My job is to install and service medical alarms, I am conscious that I'm speaking today so will update you more then.

Susan Carson – Work and Income – We are currently under-going a site trial security measure which we are one of two Work and Income offices piloting the new layout. We have found that it is more secure for staff and private for clients. We are very busy at the moment with alarming issue of individuals posing as caregivers and then financially ripping off our elderly clients, this has been hard for us to stop this going on but it has been good working with the police and Age Concern.

Margaret Williams – GreyPower – Our first meeting of the year is tomorrow, 1:30pm, Cossie Club, our speaker is the Rt Honourable Annette King. The next Grey Power magazine is on the brink of publication. I'm delighted to report that due to very hard work of three people in GreyPower we now go to each of the Horizons transport meetings. Horizons are now committed to a shuttle from Levin to Waikanae to allow the older people to take the train to Wellington. Please tell people about this service, publicise it so that it is well utilised, we do not want Horizons to use the excuse of no-one is using the service.

Sylvia Meijer – Central PHO, Nurse Practitioner, Team Leader Health of the Older People Team – Over the Christmas period have seen a number of referrals increase and one of the common themes that comes through is that people haven't thought too much about a power of attorney. I encourage you all to think about this. I would also like to point out the New Zealand Association of Gerontology is holding a conference in Wellington in September this year. The theme of the conference is 'Making active ageing a reality' I think it might be something this group is interested in. You can find more information on their website <http://confer.co.nz/nzag2016/>

Mike Coupe – Margaret has updated the group on everything and I reiterate the busy schedule we have at this time of year for GreyPower.

Colin Lawrie – Horowhenua Health Transportation Trust – Reported the figures for the Health Shuttle for the last three months; November 856, December 808, January 837, total of 9779 passengers for 2015 using the shuttle for health related issues.

Peter Dyer – Citizens Advice Bureau and GreyPower – Citizens Advice is currently looking for volunteers to train and those other people looking for volunteers can join the cue because we have already seen Natasha to get it in the paper.

Glenys Rumsey – Nurse Manager Horowhenua Masonic Village – Just to report that our Day activity programme is going to expand to 5 days a week in March. It is limited to 8 – 10 people per day run by an Occupational Therapist and a Registered Nurse, apart from that everything is ticking along as per normal.

Ann Wright - Diabetes Horowhenua – Last weekend we had a very successful stand at the Medieval Market, people from as far north as Taranaki came to speak to us. Our weekly meetings for the year re-start next Wednesday we have Dr Lee Wittingham the Podiatrist from Otaki speaking to us.

Bob Wright – Vice P Diabetes Horowhenua – No updates

John Mullany - Diabetes Horowhenua – No Updates, just observing.

Jo Smith – Mid Central District Health Board – Happy New Year to those I haven't caught up with yet. We have quite a full agenda for the year in the space of Older People. The National Health Strategy is currently being refreshed, as part of that the older persons strategy is included. There is a consultation meeting being held in Palmerston North on March 3 for Consumers, the Ministry are leading the notices for these meetings so I hope GreyPower have received theirs. I've been disappointed in the timing and that the Ministry didn't put it out as early as we would have liked. There is a workshop from 9-1pm on the third of March, and it's very important everyone has a say in services pertaining to the older person. There are a couple of pieces of research being done in the older persons space. One initiative is the affordable aged care in the future that the HDC is involved with and we're looking forward to developing a 5 year vision. Brand new and launched yesterday in Palmerston North is the smart home design launched in the old RSA building in Palmerston North. It's the first of its kind in New Zealand and is an initiative from EnableNZ. There is a lot of work going on in workforce planning in older person services and quite a lot of problems in attracting workforce, psychologists, podiatrist etc., that are workforce issues. Good news Caregivers working for home based support agencies from 29 of this month start to get paid for in-between travel for the support they provide for older people. We are knee deep in budgeting ensuring that the accounts are balanced for the next year.

Bob Phillips - Healthcare New Zealand – Training, in-between travel and phase two of the government's initiative which is all to do with support workers. Older population's needs are becoming more complex and are requiring more training and more knowledge. Mid Central is the only DHB in the country that funds assistance for training and upskilling workforce, Mid Central has committed 1.2 million to this up-skilling across the sector. This afternoon in Palmerston Norther along with our sister company NZCare we have over 60 people graduating at level 1 – 3. The in-between travel that Jo alluded to is a multi-million dollar funding from the government and recognises the time it takes to travel between clients and the cost of that travel. It will assist with staff retention as that was a cost the carers had to cover themselves. And finally phase 2 of the Government's initiative is looking the way we contract with our carers. It is usually on an assignment basis/casual basis so they are looking at guaranteed minimum hours, so a properly contracted workforce, so they know what their income is week to week. If one of their clients falls ill those hours will be honoured and the Government is supporting this. And finally is the recognition of phase 2 which is people need to be rewarded for their skills and up-skilling. That is the second part that is coming in phase 2.

Heather Austin – Health and Disability Advocacy Service – No updates, just very busy.

Luciana Maru-Hill – Manawatu Supporting Families in Mental Illness – We have depression and anxiety groups with a new councillor facilitating these now. We are also looking at changing this service from night to day.

Ema Jacobs – Te Takere – We do have a Volunteer Resource Centre in which we are searching for projects for the volunteers to assist with. The Day Out In Town Bus that runs on a Friday links the townships and has been attracting good numbers, a few women used the service for a visit from Levin to a friend's house in Foxton loved their experience. The bus is only \$2 per trip. There is also the Heritage excursion, called our Mystery History Tour which is on Sunday 13 March. They have identified 8 historical buildings that you will receive on the day and there is also the opportunity to travel by vintage vehicles. We also have our usual Sunday concerts and have a huge exhibition which is the BNZ hope and Wonder, if you're interested there are curator talks need to be booked but general admission is free. We have extended our opening hours for Easter to allow for out of town visitors and we also have a hands on Lego exhibition coming up in March, if you are part of groups that would like to experience this once the doors are closed please contact us.

Wally Dyson – Horowhenua Breathe Easy – No updates

Lynne McKenzie – Horowhenua Breathe Easy – I have strict instructions from Daphne about this. She wanted me to inform you that Barbara Scott from Compass Health spoke to members in January Meeting which was the first of the year. We also have Linda Fletcher speaking about in the wake of World War 1 nurses next Thursday. If you know anyone with any sort of respiratory problem we would like to be able to assist them so please let them know about us.

Ann Lowry – Alzheimer's Manawatu – It's been a busy start to the year with a high number of referrals from the Horowhenua area. We are currently working on a combined education workshop day with Wellington Alzheimer's, being supported by PROBUS which we are trying to roll out around the region. Hopefully this will make people more aware of the kinds of things they can do practically to manage them at home and provide re-assurance for families. It's important to have processes and assessments in place such as a Power of Attorney in place to ensure that there is no crisis to try and get these things in place, there has been some significant referrals recently which has bought this to the floor. We do have regular education sessions locally and have our carer group on the first Friday of every month at Te Takere.

Connie Upston – No updates, sitting in as an observer

Yvonne Mabey – Arthritis Support – We had our first meeting on Monday with Tony Murdoch from the Men's Shed speak to us, interestingly enough he said he gets more attendance at his meetings when they invite health professionals. Arthritis New Zealand is celebrating 50 years of service to the NZ public with arthritis. Zoe our arthritis educator is holding a seminar on the 21st March covering gardening and arthritis, we have 3 keynote speakers for this session.

Shirley and Tony Welch – Our passion is the local phonebook and the text size.

Tony Rush – Horowhenua Hearing Association – 1st year in many years we're going to observe national hearing week and international hearing day. Open meeting space in the

Chair Duffy – General thanks of everyone at the table for their updates.

ACTION: Cathryn Pollock, is to follow up with Jo Smith regarding a guest speaker regarding the subject of Power of Attorney as raised by the network.

PRESENTATION – MARION FULLJAMES – ST JOHN MEDICAL ALARMS – ST JOHN MEDICAL ALARMS

Marion Fulljames from St John Medical Alarms presented about St John Medical alarms.

Please find Marion's contact details and the information that was circulated to the network attached.

PRESENTATION – ARTHUR NELSON AND KATHY MITCHELL – HOROWHENUA DISTRICT COUNCIL – COMMUNITY HOUSING REVIEW

Arthur Nelson and Kathy Mitchell from Horowhenua District Council presented about the Community Housing Review. They informed the network that the consultation period was opened on 18 February 2016 and were encouraging submissions from all sectors of the community.

Please find the Community Housing Review Consultation Document attached.

GENERAL BUSINESS

No general business

Chair Duffy closed the meeting at 11:26am and invited the group to stay for a cup of tea.

NEXT MEETING DATE – Thursday 17 March 2016 at 10.00am