



In this month's edition of the Community Wellbeing Newsletter text to come?...

Upcoming Community Meetings

If you don't already, why not come along to one of our public Community Wellbeing Forums?

All are welcome to attend!



Horowhenua Disability Leadership Forum 5th December 2016



Horowhenua Youth Network 6th December 2016

With regards,

Monique Davidson, Denise Kidd, Garreth Stevens, Cathryn Pollock, Helen Hayes, Emma Childs, Joshua Wharton, Mereana Herbert

Last call for registrations for the Annual Christmas Parade

Organisations are reminded of the 2 December the deadline for entries into the Christmas Parade.



Michael Feyen

Message from the **Mayor**

Thank you to everyone who made my election as Mayor possible. This appointment is an honour and a privilege and I am grateful for the opportunity

MH Lyn

to work alongside the passionate and committed community organisations we have here in Horowhenua. The next few weeks are jam packed with activities and I encourage everyone to get involved and attend the annual Christmas parades and the Community Christmas Carnival. I would also like to take this opportunity to wish you and your whanau a safe and happy festive season.



You are invited!

White Horowhenua and the Peace in 10,000 Hands Launch

White Horowhenua is a White Ribbon Project delivered across November and December 2016. This year it will launch with a large community even on Saturday 19th and will include a visit from the White Ribbon Rides, a Reverse Colour Run and the opening of the Peace in 10,000 Hands exhibition. It is Te Takere's biggest exhibition to date which opens 19 November. It is considered a deeply evocative project intended to ignite a global conversation about Peace. Join us and photographer Stu Roberston for the opening ceremony which begins with a Powhiri at 11:45am. Assemble outside the Waka Walls of Te Takere. Then, directly afterwards get involved with the White Ribbon Reverse Colour Run.



Youth Voice: Make your Voice heard!



I was inspired to join Youth Voice Horowhenua because my sister was a member a few years ago. I had seen what

they had done in the past and really wanted to help out the community in the same way.

One of my roles as a member on Youth Voice is to attend the meetings of the Horowhenua Road Safety Group and report back to the other members of Youth Voice about what happened in the meeting and contribute to the discussions that take place during the meeting. The HRSG monitors the road safety and improvements to the road around the Horowhenua District and proposes ideas to improve the road safety around the district. I also gather road safety concerns of the Youth Voice members about to report to the HRSG. In the future I wish to be a Police Officer. I have recently completed an 8 week gateway placement with the Levin Police that allowed me to go on a ride-along with some of the officers and work with the different sections. I got to attend call-outs and help people around the community alongside officers. I also got to help with the boring stuff like paperwork because policing isn't all riding around giving out tickets and arresting bad guys! I got to see some pretty cool things and help people who needed it. Working with the Levin Police and seeing what they do on a daily basis has made me want to become an officer myself more than ever. Youth Voice has given me opportunities I would have never thought possible. I have been able to help organise events and relate to people in a different way with a different perspective. I would recommend joining to anyone who asked what it was like and I am glad that I decided to apply because the experiences have been simply amazing.





What is your personal emergency readiness?



The recent Earthquakes are a timely reminder of the need for all of us to plan for the likelihood of an emergency. For those of us who work for local or regional government or in agencies and organisations working

in "welfare" disaster response, it is critical that we are prepared in our personal capacity so we are able to report to duty as quickly as possible. Whilst one always needs to see to one's family needs and safety first there are a range of actions we can undertake "to be more ready".

For example: having a box packed with emergency equipment and

supplies (for example: Torch, warm clothing, blankets, non-perishable foodstuffs, water, water treatment sachets, copies of emergency documents as well as card with contact details written down in case emergencies). Also to have discussed and have plans in place for children and other dependents in your care.



Aquatics Horowhenua Update

A busy planning period for the Aquatics Horowhenua staff has seen a number of great programmes events planned for the holiday period and beyond. Check out one of the events below and watch this space for further great events later in February, March and April including continuation of our great aqua classes, aqua rehab classes, boot camp classes as well as a Wellness Week, Triathlons, Fitness events and perhaps even a world record attempt!

- Foxton Heated Pool Opens 1st December.
 Foxton swim school crash course every
 Thursday 1:30am 6:00pm on the 1st / 8th and the 15th of December. Designed to help children currently in lesson progress and give new clients the chance to learn without committing to a full course.
- Levin Swim School Party 14th December 3-5:30pm. End of year pool party for all swim school kids to come and blow off some steam as well as play with their friends and favourite swim teachers.
- Shannon Pool opens 15th December.
- Foxton community pool party on the 17th December 1:00pm – 4:00pm. Bouncy castles, inflatables, games, sausage sizzle.
- Levin community pool party/ event on the 18th December 1:00pm – 4:00pm. Bouncy castles, inflatables, games, sausage sizzle.

- Levin Community Christmas Carnival on the 11th December 10:00am – 12:30pm. Held on the green outside the pools: Games, Bouncy castles x2, Fit test time trial – fit course/ circuit, Information stall.
- Levin Safe Boating course a 2 day x2 hour course on January 26th 11:00am – 1:00pm and 27th January 11:00am – 1:00pm.
 Everything to do with keeping safe when boating this summer.
- Levin Bronze star swim course starting Monday 30th January – Friday 3rd February 1:00pm – 3:00pm. Introduction to lifesaving and excellent preparation for the bronze medallion award.
- Levin Swim School block course Designed to help children currently in lesson progress and give new clients the chance to learn without committing to a full course. Starting January 16th – 20th and 24th – 27th.
- Foxton Term 1 Streamline Swim School starting 7th February every Tuesday/ Wednesday and Thursday 3:00 – 6:00pm.
- Levin Streamline Swim School Term 1 starting 7th February.

Have a safe and happy holidays. See you at the pools.

The Aquatics Horowhenua Team.

Peace in 10,000 hands



Saturday 19 November

Peace in 10,000 is a concept that "speaks profoundly to our similarities in the human condition and explores the essence of peace" says New Zealand-born photographic artist Stu Robertson. The global art project which involved documenting a single white rose, an ancient symbol of peace held in the hands of 10,000 people from every country and walk of life. This global body of work is a contemporary art exhibition that confronts, provokes and gives rise to a global legacy and conversation for peace.

The public exhibition opening and powhiri with Stu Robertson is at 11:45am on the 19 November. Assemble by the outdoor waka walls.

Don't forget to sign up for the Reverse Colour Run while you are there!



Diwali at Te Takere

One of the most engaging and energising events held in Te Takere each year is our celebration of Diwali. This year's festival was launched with a Powhiri. Wednesday night's entertainment was a Garba Dance with an audience of 40 enjoying this colourful and vibrant show. Throughout the week we offered a range of other

activities – colouring-in and crafts for children, henna tattooing and a vegetarian cooking demonstration. A substantial crowd of over 500 people attended the main Diwali celebration on the night of Saturday 29 October, soaking up the Indian culture and sampling some Indian dishes made by Rangoli and Star of India restaurants. The night ended with a stunning display of fireworks. Overall this was another successful celebration thanks to a huge effort from all involved.



19 NOVEMBER 2016 - 14 JANUARY 2017

Peace in 10,000 hands is a global art project to reinvigorate the conversation of peace.

A must see exhibition inspired by the belief that art has the power to challenge and inspire.

www.tetakere.org.nz 🕲 06 368 1953 🕡 www.facebook.com/te.takere







White Horowhenua Campaign

Launch of the Peace in 10,000 Hands exhibition

11:45am White Ribbon Riders arrive

11:45am Powhiri, assemble by the Waka Walls

Stu Robertson (exhibition photographer) will speak to open the exhibition itself

12:30 Performances,

speakers, BBQ

1.00pm Registrations for the colour run commences

1.30pm White Ribbon

Riders depart

Community Christmas Carnival



Sunday, 11 December 2016 10:00am - 04:00pm

Christmas in the Horowhenua just got bigger and better. Make it a family day out, invite your nearest and dearest...

Christmas Market (10am - 4pm)

Buy local, be unique! Time to grab those unique Christmas presents, for your nearest and dearest. Enjoy the live entertainment and enjoy the gourmet Food Trucks. Mall Car Park in front of Te Takere between 10:00am to 4:00pm.

Register a stall

To register a stall for the Christmas Market, complete and submit our online form available below. A PDF version which can be printed and filled out manually can be downloaded under 'Related Information'. The deadline for entries is Friday, 2 December 2016.

http://www.horowhenua.govt.nz/Places-Events/ Event-Calendar/Horowhenua-Community-Christmas-Carnival

Aquatic Fun and Games (10am - 12.30pm)

Head down to the Aquatic Centre between 10:00am to 12:30pm and join in the fun and games.

Christmas Parade (1pm - 2pm)

The Christmas Parade will be starting at 1:00pm. Floats will start on Durham Street, turning left on Oxford Street along to Stanley Street, left onto Salisbury Street and disperse from the intersection joining Salisbury Street and Bath Street. Come and join in the festivities.

Enter a float

To enter a float in the Christmas Parade, complete and submit our online form available below. A PDF version which can be printed and filled out manually can be found under 'Related Information'. The deadline for entries is Friday, 18 November 2016.

http://www.horowhenua.govt.nz/Places-Events/ Event-Calendar/Horowhenua-Community-Christmas-Carnival

For more information please contact Council on (06) 366 0999 or HCCC@horowhenua.govt.nz

Shannon Christmas Carnival and Parade

18

Sunday 18th December 2016.

Shannon Domain. Starts at 9am and the Parade begins at 11.00am up Stout street and in and around the Shannon Domain. There is a Santa Cave and children 8 years and under, are invited in to meet Santa and Mrs Claus and to receive a free gift. At the Carnival we will be offering free activities for children that include face painting, bouncy castles, barrel train rides and other fun activities. We have a country theme with sheep shearing demonstrations and a petting zoo for children. There will be many stalls selling their wares and we also have car boot sales. Stalls are selling crafts, food, beauty products, clothing and many more Christmas gifts. A great time to purchase last minute Christmas presents. Come along for the day and enjoy the Festive Christmas Spirit of Shannon.

Please contact Kate Drummond for further information.katedrummond@yahoo.com, 0274055236.



SUNDAY 11 DEC 2016 Christmas in the Horowhenua just got bigger and better. Make it a family day out, invite your nearest and dearest.

Christmas Market 10 – 4 pm Fun & games 10am – 12.30pm Christmas Parade 1 – 2 pm For more information

③ 06 366 0999

hccc@horowhenua.govt.nz









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10 Bath Street, Levin, 5510

@

enquiries@tetakere.org.nz



www.tetakere.org.nz

School Holidays At Te Takere

Te Takere is closed over Christmas 24 – 27 Dec, 31 Dec – 3 Jan inclusive.

December/January closed days Te Takere, Foxton Library and Shannon Library are all closed on the following days:

Saturday 24 December	CLOSED		
Sunday 25 December	CLOSED		
Monday 26 December	CLOSED		
Tuesday 27 December	CLOSED		
Saturday 31 December	CLOSED		
Sunday 1 January	CLOSED		
Monday 2 January	CLOSED		
Tuesday 3 January	CLOSED		
Monday 23 January	CLOSED		

All other days are normal opening hours for each location.

Regular Events

Friday Concerts



Are weekly through to 16 December. Friday 18 November George and Dean; Friday 25 November Steve Poulton.



Sunday Concert



Singer/Songwriters set from each of Helen Dorothy, Nigel Parry and Ramon Oza on 27 November.

No Concert for December, resumes last Sunday of January 2017.

Quiz Night

Wednesday 7.00pm-9.00pm, Main Takere Space (Weekly).

Baby Time Rock and Rhyme Tuesday

10.00am-10.30am, Children's Library (Weekly).

Justice of the Peace Clinic

Tuesday 11.30am-1.30pm, Kowhai Room (Weekly).

Crafts and Learning at Shannon Library

During December, the Shannon Library craft and knitting groups will be busy making wonderful Christmas gifts and decorations. Each group is a wonderful opportunity for members of the community to socialise and learn a new skill. The staff at the Shannon library are available to help you with employment readiness and learning your way around technology thanks to the Stepping Up programme. Give us a call on 06 362 7030 or come in to book a suitable time.

Childrens Holiday Programme

Our very popular Summer Reading Programme is running in Levin, Foxton and Shannon Libraries from 12th December to 20th January. This year's theme is "Sail into Summer Reading" and is open to children from ages 3-10/11yrs (up to and including year 6) The Summer Reading programme aims to encourage and promote books, libraries and the fun of reading through incentive awards, activities and storytellers. Those who complete the programme will receive an invitation to the Grand Finale, which will be held at the Aquatic Centre, and each child will be presented with a certificate and a popular new book.

For intermediate aged children, there is a special programme just for you. There will be book rewards and events and the programme will end with a food based finale.

Registrations for both programmes are open from 28th November – be quick as places are limited. These programmes are offered free of charge thanks to funding from the Eastern and Central Community Trust.

For more information, please contact your local library.



- 06 368 1953
- (2) 10 Bath Street, Levin, 5510
- @ enquiries@tetakere.org.nz
 - www.tetakere.org.nz

Fill the Stores Horowhenua

Since 2014, Fill the Stores has been supporting families facing difficulty with buying presents for children to put under the Christmas tree. This is done by filling sponsored Santa sacks full of donated presents for families with children 0-15 years old.

Fill the Stores Horowhenua is back this year and we want to make it even better than before. To do this, we need your support to collect gifts for the hundreds of children who would otherwise miss out on a true New Zealand Christmas.

Individuals, businesses and organisations can get involved in a number of ways including:

- Donating goodies (food gifts for children are ok, such as chocolate Santas, candy canes etc but not 'household' products) or products as presents are for young people under 16
- Making a cash donation to assist with filling Santa sacks
- Holding a staff fundraiser such as a raffle or other activity
- Offering logistics support to collect, wrap and deliver parcels in December
- Helping with promotion such as sharing our Facebook page www.facebook.com/ christmasforeveryone

Gifts can be taken to collection points at Te Takere, Foxton Library and Shannon Library from 21 November to 20 December.

Community Learning



Senior Net

Friday 2-4pm, bring tablets, phones, laptops. Get help from volunteers Takere (Weekly).

Tai Chi

Every Monday 10am-11.30am

\$6 per person

Yoga

Every 2nd Friday and Saturday 10.30am: Friday 18, Saturday 19 November, Friday 2, Saturday 3, Friday 16, Saturday 17 December.

\$6 per person

STEPPING UP

Stepping Up: Digital Devices

Te Takere Tuesday 29 November: Bring along your phones, tablets and laptops and tell us what you'd like to learn. Our tutors will do our best to answer your questions. This service is free but bookings are required.

Shannon

The staff at the Shannon library are available to help you with employment readiness and learning your way around technology thanks to Stepping Up so give us a call on 06 362 7030 or come in to book a suitable time.







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Youth

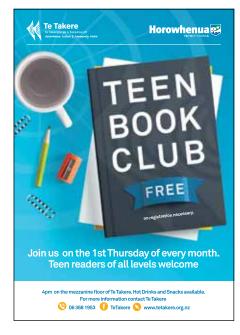
Bootcamp



Youth Space Bootcamp! Take a break from all that study and come get your sweat on in The Contact Youth Space. Run by experienced instructor Greg Jackson this will be so much fun!

Tuesday 22nd November at 4pm. No registration necessary, just show up ready for a challenge.





Teen Book Club



December 1st 4pm Mezzanine Floor of Te Takere

Teen readers of all levels are welcome to join the club on the mezzanine floor, on the first Thursday of every month, at 4pm.

Teen Book Club is a programme run on the 1st Thursday of every month for our teen readers of all levels. Teen Book club will give our young people a chance to socialize as well as the ability to discuss something with a more nuanced opinion and increasing reading comprehension. The club will be held in Te Takere on the mezzanine floor with hot drinks and snacks available where the club will be discussion based but facilitator will come prepared with questions about plot points/characters, or a specific idea to get their opinions going. The club will also aim to do social activities on a regular basis if students indicate this is something they would be interested in e.g. going to see a movie for the book we have read, author visits and bowling. The club will aim to build relationships between our readers but also give them a sense of belonging to our library.







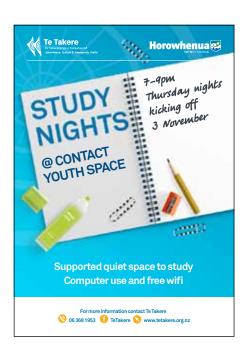
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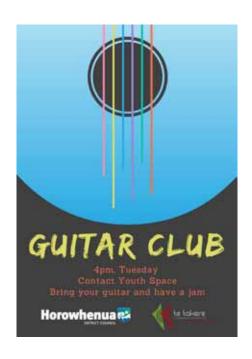
enquiries@tetakere.org.nz



www.tetakere.org.nz







Study Night

These will run from through-out November till 1 December.

The Contact Youth Space will be opening its doors on a 7-9pm every Thursday kicking off 3rd November to offer our youth a supported quiet space for study. Computer use and free Wifi so bring your laptop, books and get ready for exams.

Minecraft Club

Sunday 1pm to 2.30pm and Monday 3.30pm to 5pm

Led by The Contact Youth Space student workers, Minecraft club will see students mentored through different minecraft modules every week. Whether you are a minecraft fanatic or just learning then this club is for you.

Sign up sheets are available at the Te Takere Service desk or sign up online at http://www.tetakere.org. nz/whats-on/events/minecraft/

Coding Club

Sunday 3.30pm to 5pm

Code Club is a nation-wide network of free volunteer-led after school coding clubs for Kiwi kids. They will learn how to create computergames, animations and websites.

Code Club will start on 30th October, 2.30pm till 3.30pm, in Te Takere's education suite and Contact youth space.

Guitar Club

Mentored by our talented Ramon Oza, Bring your guitar to jam, share and exchange guitar-licks and songs in a fun relaxed environment with like-minded musicians. Whether you are a beginner and just picking up the guitar or been playing for years this is the group for you.

Every Tuesday at 4pm kicking off Tuesday 15th in The Contact Youth Space.

Friday Cooking in the Youth Space



Friday 18 November 3.30pm-4.30pm

Improve your cooking skills with one of the youth staff and get to enjoy what you've made.

Community Sector Classifieds

DO YOU HAVE EMPATHY, CAN YOU LISTEN WITH OUT GIVING ADVICE, WOULD YOU LIKE TO IMPROVE YOUR LISTENING SKILLS

Samaritans of Horowhenua are currently recruiting volunteers to join our team in answering the phone to callers who are suicidal / lonely and in crisis.
Full Training will be given.
For more information please email levin@samaritans.org.
nz requesting an information pack for new volunteers.

NEIGHBOURHOOD SUPPORT

With Xmas coming up very quickly, everyone needs to be more vigilante and aware of things going on in their Neighbourhood. Burglars are on the prowl and looking for any opportunity to steal from your property. Be aware of people loitering about, especially when you know a neighbour is away. Just doing little things like mowing their lawn, getting their mail for them, watching for suspicious cars and people. Keep your cars and homes securely locked, even if you are doing the back garden lock your front door. Keep garden sheds locked as burglars will use ladders and chairs to enter open windows.

Just look after your Neighbours and look for anything that looks suspicious, and contact the police no matter how big or small you think it is. On 27th November a meeting will be held at Te Horo community Hall for the purpose of informing residents of things they can do to keep themselves safe in the community and in case of a Civil Defence Emergency. 25th November 2016 attending the Taitoko School Gala held from 5.30 - 7.30.

10th December Morgan Crescent Park Upgrade barbecue supplied for JNS Helpers and Volunteers.

Enjoy your Christmas and keep safe.

Horowhenua Art Society GIVE A GIFT OF ORIGINAL ART

For a really unusual, memorable gift this Christmas, give an original artwork from a local artist. Choose from a wide range of artwork at the Horowhenua Art Society's Christmas Sale.

10am-4pm, 3 – 4 December, 119 Bath Street

COMING UP – ART IN THE PARK, 19 FEBRUARY 2017

A day in the beautiful surroundings of the Horowhenua Public Gardens is in store on 19 February 2017 at the annual Art in the Park. It's a day to celebrate the arts, browse the stalls with a wide range of arts and crafts, enjoy live music and a sausage sizzle. A great day for the whole family to enjoy.

ADULT DAY CENTRE RUGBY STREET LEVIN

Wednesday the 21st December is our Christmas celebration and final day for 2016. We'll be open again on Wednesday the 23rd January so call us or come along to the centre soon to arrange membership for 2017. Look us up www.horowhenua.govt. nz/Community/
Localdirectory/Adult-Day-Centre Phone 06 36 83032 (Monday/Wednesday) or 020 410786.

A message from St Johns: YOUR HOME SAFETY IS OUR CONCERN

Falls are the most common source of injury in New Zealand. People over the age of 65 have a one in three chance of falling this year. Many will suffer serious injuries. Falling in the home accounts for more injuries to New Zealanders than road and workplace accidents combined.*Chances are, if you have a fall it will be at home. St John has recently teamed up with ACC on a three-year programme aimed at reducing the likelihood of

older adult falls in the home and the harm that these cause.

Medical alarms help seniors and people with disabilities to continue enjoying their independence for longer by ensuring help is at hand at the push of a button in the case of an emergency at home such as a fall. They also provide reassurance for family members and friends. St John is New Zealand's leading medical alarm provider and is the only medical alarm monitored directly by St John Ambulance. Choosing a St John Medical Alarm also helps to support St John Ambulance and other essential community services.

* Source: ACC, 2015

Do you want to know more reducing the risk of falls?

http://www.acc.co.nz/ preventing-injuries/falls/ older-people/

For information about the benefits of a St John Medical Alarm

http://www.stjohn.org.nz/ Medical-Alarms/Medical-Alarm-Services/ or call 0800 50 23 23

A HAPPY CHRISTMAS AND HAPPY HOLIDAYS TO YOU ALL FROM THE ALZHEIMER'S SOCIETY

The year at the MKC Club in Levin, the carer support group meetings and the Memory Walk in Levin have all contributed to helping our communities in the Horowhenua to continue living well with dementia and to develop dementia friendly communities. We would especially like to thank our two dedicated volunteers, Lynn Shepherd and John Steel, who have consistently helped us out at the MKC Club in Levin on a Tuesday and a Friday making life better for those affected by dementia.

We would love to see any carers at the support group held first Friday of each month, last one being Friday December 2nd for 2016 and the first one in 2017 will be Friday 3rd February 1pm – 2.30pm in the Totara Room, Te Takere, Bath Street, Levin. Anne Lowry (RN), Alzheimer's Society (Manawatu)

Tel: 027 3579543

HOROWHENUA BREATHE EASY

Our Support Group first meeting for 2017 is Thursday January 26th at 10am in the Hudson Room at Levin. Cosmopolitan Club.





CHARITY HOUSE



Levin Rotary is currently embarking on a new and challenging project to raise funds for an initiative to ensure that every school student in the Horowhenua is able to own an electronic learning device, in the form of a hand held computer. It is building a three bedroom family home on a temporary site in the main street of Levin,

It is building a three bedroom family home on a temporary site in the main street of Levin, which will be capable of being transported to the successful purchaser's section. The house is being built to a high quality standard by a registered Master builder and marketed for auction by a recognised Real Estate company.

Subject to favourable conditions, it is planned to have a number of open days for public viewing with the auction to take place immediately following completion of the house build. This is a major undertaking for Levin Rotary, and as such, have managed to secure the support of many of our local associated trades and business organisations with donated labour and/or materials within the greater community, to ensure that we maximise the amount that will be raised for the schools project.

that will be raised for the schools project.

Local businesses are also being canvassed for financial assistance of monetary or donated goods to help in supporting or adding value to the house build. The house will be fully fitted out and includes a woodburner and Heat pump, Rotary are looking for additional donations of household goods such a washing machine, dryer, refrigerator and dishwasher.

Anyone wishing to contribute to the project should contact Rotary club members by telephoning either Barry Rollinson 0272775619 or Murray Forward 0272240701

Levin Rotary, doing good works in your community

December 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Foxton Heated Pool Opens Teen Book Club	2 Deadline for entries into the Christmas Parade	3 Give a gift of original art	4 Give a gift of original art
5 Horowhenua Disability Leadership Forum	6 Horowhenua Youth Network meeting	7	8	9	10	11 Levin Community Christmas Carnival
12	13	14 Levin Swim School Party	15 Shannon Pool opens	16	17 Foxton community pool party	18 Levin community pool party Shannon Christmas Carnival and Parade Friday Cooking in the Youth Space
19 White Horowhenua and the Peace in 10,000 Hands Launch	20	21	22	23	24	25
26	27	28	29	30	31	