**Youth Services and Support Agencies**

Here are many youth services and support agencies available for youth in the Horowhenua area.

**Community Agencies and Support Groups**

Here you will find organisations and support groups that can assist youth in the Horowhenua area. So if you need practical advice and resources including budgeting, legal issues or help dealing with depression, if you are a single parent or

So if you need practical advice and resources including budgeting, legal issues or help dealing with depression, if you are a single parent or just need someone to talk to, you are in the right place.

## [Abuse and Rape Crisis Support (ARCS) Manawatu](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Counselling/Abuse-and-Rape-Crisis-Support-ARCS-Manawatu/)

ARCS Manawatu exists to eliminate sexual violence through social change and specialised education, support and crisis intervention.

10 Linton Street  
Palmerston North 4440  
PO Box 673  
Palmerston North  
**Phone:** 06 356 5868  
**Fax:** 06 356 5867  
**Email:** [admin@arcsmanawatu.org.nz](mailto:admin@arcsmanawatu.org.nz)

## Across Te Kotahitanga O Te Wairua

Bereaved by Suicide - Support Groups usually meet fortnightly in Palmerston North and Levin.

294AChurch Street  
Palmerston North  
PO Box 1140  
Palmerston North  
**Phone:** 06 356 7486  
**Fax:** 06 357 4988  
**Email:**[across@inspire.net](mailto:across@inspire.net)   
**Website:** [www.across.org.nz](http://www.across.org.nz/)

**Birthright Foxton Inc**Birthright works to support, strengthen and advocate for one parent families.C/- 114 Cummerfield Road  
RD 11  
Foxton 4891  
**Phone:** 06 363 6628  
**Fax:** 06 363 6628  
**Email:** [pattyjrr@e3.net.nz](mailto:pattyjrr@e3.net.nz)  
**Website:** [www.birthright.org.nz](http://www.birthright.org.nz/)

[**Birthright Levin Inc**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Birthright-Levin/)

Hours 9.00 am – 12 noon, Monday to Thursday. Practical resources, education / information and personal support.

Muaūpoko Tribal Authority Building  
306 Oxford Street  
Levin 5510  
PO Box 436  
Levin 5540  
**Phone:** 06 368 7039  
**Fax:** 06 368 7039  
**Email:** [birthrightlvn@xtra.co.nz](mailto:birthrightlvn@xtra.co.nz)

**Birthright Otaki**

12 Rangatira Street  
Otaki  
**Phone:** 06 364 5558  
**Website:**[www.birthright.org.nz](http://www.birthright.org.nz/)

[**Child, Youth and Family Services - Care and Protection**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Child-Youth-and-Family-Service---Care-and-Protection/)

A service of the Ministry of Social Development. Supporting families to keep their children safe. Care and protection of children and young persons who are at risk of being hurt or neglected.

Corner Chamberlain and Queen Street  
Levin 5510  
PO Box 149  
Levin 5540  
**Phone:** 06 9494 230  
**Freephone:** 0508 326 4590  
**Fax:** 06 367 5129

**Child, Youth and Family Service - Youth Justice**

Youth Justice teams work closely with the Police and Community to support young people who have offended. Responsible for delivering Restorative Family Group Conferences and monitoring plans which hold young people accountable and encourage changes to turn their lives around. A service of the Ministry of Social Development.

Kent & Little Building  
Cnr Queen & Chamberlain Streets  
Levin 5510  
**Phone:** 06 9494 230  
**Freephone:** 0508 326 4590  
**Email:** [aroha.parker005@cyf.govt.nz](mailto:aroha.parker005@cyf.govt.nz)  
**Website:** [www.cyf.govt.nz](http://www.cyf.govt.nz/)

**Citizens Advice Bureau**

10 - 2pm Monday - Friday.  
21 Durham Street  
Levin 5510  
**Phone:** 06 368 9521  
**Fax:** 06 368 6893  
**Email:** [Cab.levin@xtra.co.nz](mailto:Cab.levin@xtra.co.nz)  
**Website:**[www.cab.org.nz](http://www.cab.org.nz/)

**Clothing Bank**

Tuesday & Thursday, 9.30am - 12.00pm.  
North Service Lane  
Opp Mitre 10  
Levin 5510  
**Phone:** 06 368 3518

[**Community Law Horowhenua**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Community-Law-Horowhenua/)

28 Queen Street  
Levin 5510  
PO Box 36  
Levin 5540  
**Phone:** 06 368 3554  
**Email:** [comlaw.horowhenua@xtra.co.nz](mailto:comlaw.horowhenua@xtra.co.nz)

[**Family Matters Foundation NZ Incorporated**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Counselling/Family-Matters-Foundation-NZ-Incorporated/)

Children, families and individuals in Levin two days a week

Community Links Centre  
Cnr Salisbury and Durham Streets  
Levin 5510  
PO Box 317  
Paraparaumu 5254  
**Phone:** 04 905 9533  
**Email:** [familymattersfoundation@hotmail.com](mailto:familymattersfoundation@hotmail.com)

**Foxton Beach Police**

Reduce crime and prevent road crash trauma.

2 Ocean Beach Street  
Foxton  
PO Box 6  
Foxton  
**Phone:** 06 363 5172  
**Fax:** 06 363 5177

**Foxton Districts Budget Service**

Development of budgeting skills through free supportive, confidential and culturally aware services. For people living in Shannon and Foxton and surrounding areas.

Municipal Buildings  
96 Main Street  
Foxton 4814  
PO Box 32  
Foxton 4848  
**Phone:** 06 363 6684  
**Fax:** 06 363 6677  
**Email:** [fox.budget@xtra.co.nz](mailto:fox.budget@xtra.co.nz)

**Foxton Police**

Reduce crime and prevent road crash trauma.

1 Main Street  
Foxton  
PO Box 17  
Foxton  
**Phone:** 06 363 8084  
**Fax:** 06 363 8098  
**Website:** [www.police.govt.nz/station/foxton-beach](http://www.police.govt.nz/station/foxton-beach)

**Horowhenua Abuse Liason team**

HALT is the collaborative point in the prevention and intervention of family violence in Horowhenua.

C/- Levin Police Station  
Levin 5510  
PO Box 242  
Levin 5540  
**Phone:** 06 366 0540  
**Email:** [Coordinator@halt.org.nz](mailto:Coordinator@halt.org.nz)  
**Website:** [www.halt.org.nz](http://www.halt.org.nz/)

**Horowhenua Family Support Service**

Offers home based support, guidance for families under stress, parenting information and education. Encourages a healthy and creative atmosphere for growth and change within the family.

PO Box 1119  
Levin 5540  
**Phone:** 06 367 5056  
**Email:** [hfss@xtra.co.nz](mailto:hfss@xtra.co.nz)

**Horowhenua Family Violence Intervention Programme Inc**

Run group sessions for adult men and adult women, 20+ mostly around family issues. Run two mens groups a week and one weekly womens group. Self referral but most through court referral.

**Phone:** 06 368 4561

[**Horowhenua Super Grans**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Horowhenua-Super-Grans/)

Cullinane Steele Building  
28 Queen Street West  
Levin 5510  
**Phone:** 06 367 0680  
**Fax:** 06 367 9620  
**Email:** [horowhenua@supergrans.net.nz](mailto:horowhenua@supergrans.net.nz)

**Horowhenua Victim Support**

Provide crisis intervention to all victims of crime, accident or emergency within the local Police District

C/O Police Station  
Bristol Street  
Levin 5510  
PO Box 242  
Levin 5540  
**Phone:** 06 366 0529  
**Freephone:** 0800 842 846  
**Email:** [horowhenua@victimsupport.org.nz](mailto:horowhenua@victimsupport.org.nz)  
**Website:** [www.victimsupport.org.nz](http://www.victimsupport.org.nz/)

**Housing New Zealand Corporation**

No Levin office

254 Broadway Avenue  
Palmerston North  
**Freephone:** 0800 801 601  
**Website:** [www.hnzc.co.nz](http://www.hnzc.co.nz/)

[Inland Revenue](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Inland-Revenue/)

Provide assistance to clients with tax questions.

Corners of Ashley and Ferguson St  
Palmerston North  
PO Box 1147  
Palmerston North 4414  
**Freephone:** 0800 227 774  
**Email:** [lynne.hutchins@ird.govt.nz](mailto:lynne.hutchins@ird.govt.nz)  
**Website:** [www.ird.govt.nz](http://www.ird.govt.nz/)

**Jack Allen House Drop-In Centre**

Community drop in centre offers information on community resources to all age groups

21 Durham St  
Levin 5510  
**Phone:** 06 368 1195

**Levin Police**

Policing and community safety.

7 Bristol Street  
Levin 5510  
PO Box 242  
Levin 5540  
**Phone:** 06 366 0500  
**Fax:** 06 368 6788

[**Life to the Max**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Opportunities--Development/Education/Career-Advice/Life-to-the-Max/)

Free service to rangatahi / youth 10 - 19 years and their whanau / family. Life to the Max offers services and innovative programmes to reduce the harm and risk associated with rangatahi/youth alcohol and drug use, offending and other at risk behaviours. The skilled team work with the rangatahi/youth, their whanau / family and other support services to develop a tailored individual plan to address the identified areas of need.

12a Exeter Street  
Levin 5510  
**Phone:** 06 368 8005  
**Fax:** 06 368 8009  
**Email:** [jacqui.moynihan@lttm.org.nz](mailto:jacqui.moynihan@lttm.org.nz)

**Life Worth Living Counselling**

Appointments only.  
Journeys to Wellbeing office  
534 Queen St  
Levin 5510   
**Website:** [www.across.org.nz](http://www.across.org.nz/)

**LK Group Limited**

To improve the social, cultural and economic situation of Pacific people in the Horowhenua.

PO Box 359  
Levin 5540  
**Phone:** 021 717 023  
**Email:** [LKgroup210@gmail.com](mailto:LKgroup210@gmail.com)

**Mash Trust**

Child & Youth Crisis Respite Service.

602 Main Street  
Palmerston North  
PO Box 157  
Palmerston North  
**Phone:** 06 355 7200  
**Freephone:** 0800 627 487  
**Fax:** 06 355 7201  
**Email:** [manawatu@mashtrust.org.nz](mailto:manawatu@mashtrust.org.nz)  
**Website:** [www.mashtrust.org.nz](http://www.mashtrust.org.nz/)

[**Muaupoko Tribal Authority**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Muaupoko-Tribal-Authority/)

Enhancing the the cultural, social and economic well being of Muaūpoko.

306 Oxford Street  
Levin 5510  
PO Box 1080  
Levin 5540  
**Phone:** 06 367 3311  
**Fax:** 06 367 3322  
**Email:** [mta@muaupoko.iwi.nz](mailto:mta@muaupoko.iwi.nz)

**NZ Red Cross Society - Levin Branch**

Clothing and bedding for domestic use after a fire or marriage breakup. Meals on wheels deliveries. Shop open Thursdays 9.00am - 2.30pm.

524 Queen Street  
Levin 5510  
PO Box 161  
Levin 5540  
**Phone:** 06 368 9454

## [Otaki Community Health Centre](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Counselling/Otaki-Community-Health-Centre/)

The Otaki Community Health Centre Hours are Monday - Friday 9.00am to 2pm. Sexual Clinics Tuesdays, Wednesdays and Thursday. Counselling – Thursdays – appointments necessary  
186 Mill Road

Otaki  
PO Box 221  
Otaki 5542  
**Phone:** 06 364 6367  
**Fax:** 06 364 6375  
**Email:** [otakiwomenshealth@xtra.co.nz](mailto:otakiwomenshealth@xtra.co.nz)

**Riding for the Disabled**

Riding three times per week: Monday 8.30am - 1.00pm, Tuesday 8.30 am -12noon and Thursday 8.30am – 1pm.

41 Princess Street  
Levin 5510  
**Phone:** 06 368 9184

**Samaritans**

Samaritans provide a confidential listening service 24 hours a day for people who are experiencing loneliness, depression and sad feelings. Samaritan's listen and help people talk through what’s troubling them, offer compassion and understanding, offer callers confidentiality and anonymity, discuss options, and offer support and encouragement.

**Phone:** Hot Line 06 368 3096  
**Freephone:** 0800 726 666 / Information Line 06 368 3534

**Shannon Community Information Centre**

Open Friday, Saturdays and Sundays. 10am - 4pm.

Plimmer Tce  
Shannon  
**Phone:** 06 362 7333 / 06 362 7832

**Shannon Youth 2000 Charitable Trust**

Provide youth support, mentoring, Marae and community-based youth programme.

Gospel Chapel  
Ballance St  
Shannon  
72 Stafford St  
Shannon  
**Phone:** 06 362 7872  
**Email:** [tekohaexperience@xtra.co.nz](mailto:tekohaexperience@xtra.co.nz)

**Skylight**

Skylight provides unique support to any person through tough times of change, loss and grief - whatever the cause.  
PO Box 7309  
Newtown  
Wellington South  
**Freephone:** 0800 299 100  
**Fax:** 04 939 6767  
**Email:** [reception@skylight-trust.org.nz](mailto:reception@skylight-trust.org.nz)  
**Website:** [www.skylight.org.nz](http://www.skylight.org.nz/)

**Speladd**

To enable those with specific learning disabilities or dyslexia and ADHD disorders to reach their potential. Advocacy, support, assessment, tuition. Hours: 9.30 -11:30 am & 1 - 4pm. Monday - Friday.

117 College St  
Palmerston North 4412  
PO Box 1707  
Palmerston 4410  
**Phone:** 06 359 0495  
**Email:** [speladd@maxnet.co.nz](mailto:speladd@maxnet.co.nz)

[**Strengthening Families**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Health-Support-Groups/Strengthening-Families/)To assist agencies in collaboration and coordinating services to families, to identify gaps in service within communities and use inter-agency case management when working with families.

12a Exeter Street  
Levin 5510  
**Phone:** 06 368 8005  
**Fax:** 06 368 8009  
**Email:** [Christine.mcdonald@lttm.org.nz](mailto:Christine.mcdonald@lttm.org.nz)

**Te Runanga O Raukawa Mental Health Support Group**Day activities, support services, registered clients only.  
3 Keepa Street  
Levin 5510  
**Phone:** 06 368 8678  
**Freephone:** 0800 364 113

**Te Runanga O Raukawa Inc - Toiora Whanau Social Services**Social workers in school. Counselling and Education Programmes.3 Keepa Street  
Levin 5510  
PO Box 586  
Levin 5540  
**Phone:** 06 368 8678  
**Fax:** 06 368 8679  
**Email:** [levin@raukawa.iwi.nz](mailto:levin@raukawa.iwi.nz)

[**The Early Years Hub**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/The-Early-Years-Hub/)

79 Oxford Street (corner of Oxford & Stuckey)  
Levin 5510  
P.O. Box 186  
Levin 5540  
**Phone:** 06 367 6291  
**Fax:** 06 367 6295  
**Email:** [Jacinta.liddell@barnardos.org.nz](mailto:Jacinta.liddell@barnardos.org.nz)

**Whaioro Trust**

Drug and Alcohol Counsellors for youth aged between 10 -17 years. Self-refer or referrals from CYF, LTTM, Youth Aid, Family, Community Groups etc. They support young people in the Horowhenua region in Otaki, Levin, Foxton and Shannon, in the community and colleges. Mahi Tu Ora Service.

Rm 5 & 7, Jack Allen Community House  
21 Durham Street  
Levin 5510  
**Phone:** 06 367 2241

[**Women's Refuge Palmerston North**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Womens-Health/Womens-Refuge-Palmerston-North/)Also Levin Community Office 534 Queen Street Levin Phone: 06 368 3640 Office Hours: 10am-4pm Tuesday to Friday

10 Linton Street  
Palmerston North 4440  
PO Box 573  
Palmerston North  
**Phone:** Public Office: 06 354 5355/ 24 hour Crisis Line: 06 356 5585  
**Freephone:** 0800 REFUGE  
**Fax:** 06 354 5055  
**Email:** [pnwr@inspire.net.nz](mailto:pnwr@inspire.net.nz)

**Women's Refuge Levin**Closed Mondays 10am-4pm, Tuesday to Friday.

534 Queen Street  
Levin 5510  
**Phone:** 06 368 3640  
**Freephone:** 0800 733 843  
**Email:** [pnwrlevin@gmail.com](mailto:pnwrlevin@gmail.com)

**Work and Income NZ**Cnr Salisbury & Durham Streets  
Levin 5510  
Private Bag 4000  
Levin 5540  
**Phone:** 06 949 8740

[**Youth One Stop Shop**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Counselling/YOSS---Youth-One-Stop-Shop/)Palmerston North. Social worker, health services, information, support and advocacy.  
7 Edgeware Road  
Palmerston North 4440  
PO Box 575  
Palmerston North  
**Phone:** 06 355 5906**Fax:** 06 355 5907  
**Email:** [info@yoss.org.nz](mailto:info@yoss.org.nz)