**Youth Services and Support Agencies**

Here are many youth services and support agencies available for youth in the Horowhenua area.

**Community Agencies and Support Groups**

Here you will find organisations and support groups that can assist youth in the Horowhenua area. So if you need practical advice and resources including budgeting, legal issues or help dealing with depression, if you are a single parent or

So if you need practical advice and resources including budgeting, legal issues or help dealing with depression, if you are a single parent or just need someone to talk to, you are in the right place.

## [Abuse and Rape Crisis Support (ARCS) Manawatu](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Counselling/Abuse-and-Rape-Crisis-Support-ARCS-Manawatu/)

ARCS Manawatu exists to eliminate sexual violence through social change and specialised education, support and crisis intervention.

10 Linton Street
Palmerston North 4440
PO Box 673
Palmerston North
**Phone:** 06 356 5868
**Fax:** 06 356 5867
**Email:** admin@arcsmanawatu.org.nz

## Across Te Kotahitanga O Te Wairua

Bereaved by Suicide - Support Groups usually meet fortnightly in Palmerston North and Levin.

294AChurch Street
Palmerston North
PO Box 1140
Palmerston North
**Phone:** 06 356 7486
**Fax:** 06 357 4988
**Email:**across@inspire.net
**Website:** [www.across.org.nz](http://www.across.org.nz/)

**Birthright Foxton Inc**Birthright works to support, strengthen and advocate for one parent families.C/- 114 Cummerfield Road
RD 11
Foxton 4891
**Phone:** 06 363 6628
**Fax:** 06 363 6628
**Email:** pattyjrr@e3.net.nz
**Website:** [www.birthright.org.nz](http://www.birthright.org.nz/)

[**Birthright Levin Inc**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Birthright-Levin/)

Hours 9.00 am – 12 noon, Monday to Thursday. Practical resources, education / information and personal support.

Muaūpoko Tribal Authority Building
306 Oxford Street
Levin 5510
PO Box 436
Levin 5540
**Phone:** 06 368 7039
**Fax:** 06 368 7039
**Email:** birthrightlvn@xtra.co.nz

**Birthright Otaki**

12 Rangatira Street
Otaki
**Phone:** 06 364 5558
**Website:**[www.birthright.org.nz](http://www.birthright.org.nz/)

[**Child, Youth and Family Services - Care and Protection**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Child-Youth-and-Family-Service---Care-and-Protection/)

A service of the Ministry of Social Development. Supporting families to keep their children safe. Care and protection of children and young persons who are at risk of being hurt or neglected.

Corner Chamberlain and Queen Street
Levin 5510
PO Box 149
Levin 5540
**Phone:** 06 9494 230
**Freephone:** 0508 326 4590
**Fax:** 06 367 5129

**Child, Youth and Family Service - Youth Justice**

Youth Justice teams work closely with the Police and Community to support young people who have offended. Responsible for delivering Restorative Family Group Conferences and monitoring plans which hold young people accountable and encourage changes to turn their lives around. A service of the Ministry of Social Development.

Kent & Little Building
Cnr Queen & Chamberlain Streets
Levin 5510
**Phone:** 06 9494 230
**Freephone:** 0508 326 4590
**Email:** aroha.parker005@cyf.govt.nz
**Website:** [www.cyf.govt.nz](http://www.cyf.govt.nz/)

**Citizens Advice Bureau**

10 - 2pm Monday - Friday.
21 Durham Street
Levin 5510
**Phone:** 06 368 9521
**Fax:** 06 368 6893
**Email:** Cab.levin@xtra.co.nz
**Website:**[www.cab.org.nz](http://www.cab.org.nz/)

**Clothing Bank**

Tuesday & Thursday, 9.30am - 12.00pm.
North Service Lane
Opp Mitre 10
Levin 5510
**Phone:** 06 368 3518

[**Community Law Horowhenua**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Community-Law-Horowhenua/)

28 Queen Street
Levin 5510
PO Box 36
Levin 5540
**Phone:** 06 368 3554
**Email:** comlaw.horowhenua@xtra.co.nz

[**Family Matters Foundation NZ Incorporated**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Counselling/Family-Matters-Foundation-NZ-Incorporated/)

Children, families and individuals in Levin two days a week

Community Links Centre
Cnr Salisbury and Durham Streets
Levin 5510
PO Box 317
Paraparaumu 5254
**Phone:** 04 905 9533
**Email:** familymattersfoundation@hotmail.com

**Foxton Beach Police**

Reduce crime and prevent road crash trauma.

2 Ocean Beach Street
Foxton
PO Box 6
Foxton
**Phone:** 06 363 5172
**Fax:** 06 363 5177

**Foxton Districts Budget Service**

Development of budgeting skills through free supportive, confidential and culturally aware services. For people living in Shannon and Foxton and surrounding areas.

Municipal Buildings
96 Main Street
Foxton 4814
PO Box 32
Foxton 4848
**Phone:** 06 363 6684
**Fax:** 06 363 6677
**Email:** fox.budget@xtra.co.nz

**Foxton Police**

Reduce crime and prevent road crash trauma.

1 Main Street
Foxton
PO Box 17
Foxton
**Phone:** 06 363 8084
**Fax:** 06 363 8098
**Website:** [www.police.govt.nz/station/foxton-beach](http://www.police.govt.nz/station/foxton-beach)

**Horowhenua Abuse Liason team**

HALT is the collaborative point in the prevention and intervention of family violence in Horowhenua.

C/- Levin Police Station
Levin 5510
PO Box 242
Levin 5540
**Phone:** 06 366 0540
**Email:** Coordinator@halt.org.nz
**Website:** [www.halt.org.nz](http://www.halt.org.nz/)

**Horowhenua Family Support Service**

Offers home based support, guidance for families under stress, parenting information and education. Encourages a healthy and creative atmosphere for growth and change within the family.

PO Box 1119
Levin 5540
**Phone:** 06 367 5056
**Email:** hfss@xtra.co.nz

**Horowhenua Family Violence Intervention Programme Inc**

Run group sessions for adult men and adult women, 20+ mostly around family issues. Run two mens groups a week and one weekly womens group. Self referral but most through court referral.

**Phone:** 06 368 4561

[**Horowhenua Super Grans**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Horowhenua-Super-Grans/)

Cullinane Steele Building
28 Queen Street West
Levin 5510
**Phone:** 06 367 0680
**Fax:** 06 367 9620
**Email:** horowhenua@supergrans.net.nz

**Horowhenua Victim Support**

Provide crisis intervention to all victims of crime, accident or emergency within the local Police District

C/O Police Station
Bristol Street
Levin 5510
PO Box 242
Levin 5540
**Phone:** 06 366 0529
**Freephone:** 0800 842 846
**Email:** horowhenua@victimsupport.org.nz
**Website:** [www.victimsupport.org.nz](http://www.victimsupport.org.nz/)

**Housing New Zealand Corporation**

No Levin office

254 Broadway Avenue
Palmerston North
**Freephone:** 0800 801 601
**Website:** [www.hnzc.co.nz](http://www.hnzc.co.nz/)

[Inland Revenue](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Inland-Revenue/)

Provide assistance to clients with tax questions.

Corners of Ashley and Ferguson St
Palmerston North
PO Box 1147
Palmerston North 4414
**Freephone:** 0800 227 774
**Email:** lynne.hutchins@ird.govt.nz
**Website:** [www.ird.govt.nz](http://www.ird.govt.nz/)

**Jack Allen House Drop-In Centre**

Community drop in centre offers information on community resources to all age groups

21 Durham St
Levin 5510
**Phone:** 06 368 1195

**Levin Police**

Policing and community safety.

7 Bristol Street
Levin 5510
PO Box 242
Levin 5540
**Phone:** 06 366 0500
**Fax:** 06 368 6788

[**Life to the Max**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Opportunities--Development/Education/Career-Advice/Life-to-the-Max/)

Free service to rangatahi / youth 10 - 19 years and their whanau / family. Life to the Max offers services and innovative programmes to reduce the harm and risk associated with rangatahi/youth alcohol and drug use, offending and other at risk behaviours. The skilled team work with the rangatahi/youth, their whanau / family and other support services to develop a tailored individual plan to address the identified areas of need.

12a Exeter Street
Levin 5510
**Phone:** 06 368 8005
**Fax:** 06 368 8009
**Email:** jacqui.moynihan@lttm.org.nz

**Life Worth Living Counselling**

Appointments only.
Journeys to Wellbeing office
534 Queen St
Levin 5510
**Website:** [www.across.org.nz](http://www.across.org.nz/)

**LK Group Limited**

To improve the social, cultural and economic situation of Pacific people in the Horowhenua.

PO Box 359
Levin 5540
**Phone:** 021 717 023
**Email:** LKgroup210@gmail.com

**Mash Trust**

Child & Youth Crisis Respite Service.

602 Main Street
Palmerston North
PO Box 157
Palmerston North
**Phone:** 06 355 7200
**Freephone:** 0800 627 487
**Fax:** 06 355 7201
**Email:** manawatu@mashtrust.org.nz
**Website:** [www.mashtrust.org.nz](http://www.mashtrust.org.nz/)

[**Muaupoko Tribal Authority**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/Muaupoko-Tribal-Authority/)

Enhancing the the cultural, social and economic well being of Muaūpoko.

306 Oxford Street
Levin 5510
PO Box 1080
Levin 5540
**Phone:** 06 367 3311
**Fax:** 06 367 3322
**Email:** mta@muaupoko.iwi.nz

**NZ Red Cross Society - Levin Branch**

Clothing and bedding for domestic use after a fire or marriage breakup. Meals on wheels deliveries. Shop open Thursdays 9.00am - 2.30pm.

524 Queen Street
Levin 5510
PO Box 161
Levin 5540
**Phone:** 06 368 9454

## [Otaki Community Health Centre](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Counselling/Otaki-Community-Health-Centre/)

The Otaki Community Health Centre Hours are Monday - Friday 9.00am to 2pm. Sexual Clinics Tuesdays, Wednesdays and Thursday. Counselling – Thursdays – appointments necessary
186 Mill Road

Otaki
PO Box 221
Otaki 5542
**Phone:** 06 364 6367
**Fax:** 06 364 6375
**Email:** otakiwomenshealth@xtra.co.nz

**Riding for the Disabled**

Riding three times per week: Monday 8.30am - 1.00pm, Tuesday 8.30 am -12noon and Thursday 8.30am – 1pm.

41 Princess Street
Levin 5510
**Phone:** 06 368 9184

**Samaritans**

Samaritans provide a confidential listening service 24 hours a day for people who are experiencing loneliness, depression and sad feelings. Samaritan's listen and help people talk through what’s troubling them, offer compassion and understanding, offer callers confidentiality and anonymity, discuss options, and offer support and encouragement.

**Phone:** Hot Line 06 368 3096
**Freephone:** 0800 726 666 / Information Line 06 368 3534

**Shannon Community Information Centre**

Open Friday, Saturdays and Sundays. 10am - 4pm.

Plimmer Tce
Shannon
**Phone:** 06 362 7333 / 06 362 7832

**Shannon Youth 2000 Charitable Trust**

Provide youth support, mentoring, Marae and community-based youth programme.

Gospel Chapel
Ballance St
Shannon
72 Stafford St
Shannon
**Phone:** 06 362 7872
**Email:** tekohaexperience@xtra.co.nz

**Skylight**

Skylight provides unique support to any person through tough times of change, loss and grief - whatever the cause.
PO Box 7309
Newtown
Wellington South
**Freephone:** 0800 299 100
**Fax:** 04 939 6767
**Email:** reception@skylight-trust.org.nz
**Website:** [www.skylight.org.nz](http://www.skylight.org.nz/)

**Speladd**

To enable those with specific learning disabilities or dyslexia and ADHD disorders to reach their potential. Advocacy, support, assessment, tuition. Hours: 9.30 -11:30 am & 1 - 4pm. Monday - Friday.

117 College St
Palmerston North 4412
PO Box 1707
Palmerston 4410
**Phone:** 06 359 0495
**Email:** speladd@maxnet.co.nz

[**Strengthening Families**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Health-Support-Groups/Strengthening-Families/)To assist agencies in collaboration and coordinating services to families, to identify gaps in service within communities and use inter-agency case management when working with families.

12a Exeter Street
Levin 5510
**Phone:** 06 368 8005
**Fax:** 06 368 8009
**Email:** Christine.mcdonald@lttm.org.nz

**Te Runanga O Raukawa Mental Health Support Group**Day activities, support services, registered clients only.
3 Keepa Street
Levin 5510
**Phone:** 06 368 8678
**Freephone:** 0800 364 113

**Te Runanga O Raukawa Inc - Toiora Whanau Social Services**Social workers in school. Counselling and Education Programmes.3 Keepa Street
Levin 5510
PO Box 586
Levin 5540
**Phone:** 06 368 8678
**Fax:** 06 368 8679
**Email:** levin@raukawa.iwi.nz

[**The Early Years Hub**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Youth-Services-and-Support-Agencies/Community-Agencies-and-Support-Groups/The-Early-Years-Hub/)

79 Oxford Street (corner of Oxford & Stuckey)
Levin 5510
P.O. Box 186
Levin 5540
**Phone:** 06 367 6291
**Fax:** 06 367 6295
**Email:** Jacinta.liddell@barnardos.org.nz

**Whaioro Trust**

Drug and Alcohol Counsellors for youth aged between 10 -17 years. Self-refer or referrals from CYF, LTTM, Youth Aid, Family, Community Groups etc. They support young people in the Horowhenua region in Otaki, Levin, Foxton and Shannon, in the community and colleges. Mahi Tu Ora Service.

Rm 5 & 7, Jack Allen Community House
21 Durham Street
Levin 5510
**Phone:** 06 367 2241

[**Women's Refuge Palmerston North**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Womens-Health/Womens-Refuge-Palmerston-North/)Also Levin Community Office 534 Queen Street Levin Phone: 06 368 3640 Office Hours: 10am-4pm Tuesday to Friday

10 Linton Street
Palmerston North 4440
PO Box 573
Palmerston North
**Phone:** Public Office: 06 354 5355/ 24 hour Crisis Line: 06 356 5585
**Freephone:** 0800 REFUGE
**Fax:** 06 354 5055
**Email:** pnwr@inspire.net.nz

**Women's Refuge Levin**Closed Mondays 10am-4pm, Tuesday to Friday.

534 Queen Street
Levin 5510
**Phone:** 06 368 3640
**Freephone:** 0800 733 843
**Email:** pnwrlevin@gmail.com

**Work and Income NZ**Cnr Salisbury & Durham Streets
Levin 5510
Private Bag 4000
Levin 5540
**Phone:** 06 949 8740

[**Youth One Stop Shop**](http://www.horowhenua.govt.nz/Living/Community-Services/Youth-Services/Health/Health-Services/Counselling/YOSS---Youth-One-Stop-Shop/)Palmerston North. Social worker, health services, information, support and advocacy.
7 Edgeware Road
Palmerston North 4440
PO Box 575
Palmerston North
**Phone:** 06 355 5906**Fax:** 06 355 5907
**Email:** info@yoss.org.nz